

《加帅气总理瑜伽照疯传》



Canada's prime minister has perfected the peacock pose.

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A photo from 2013 showing Justin Trudeau pulling off the yoga move reappeared recently and has gone viral. Toronto yoga instructor David Gellineau shared the photo on Facebook with the caption "Canada's Prime Minister practicing mayurasana. Didn't we say...#canadalovesyoga."

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The re-post of Trudeau's feat of core strength has been shared more than 4,500 times, giving Canadians another reason to express their mostly positive feelings for the handsome, well-liked prime minister who champions himself a feminist and who is a staunch advocate for LGBTQ rights.

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"Justin Trudeau doing yoga on a desk is what the liberal dream is right?" one user wrote.

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"Justin Trudeau casually ruining the universe for all other world leaders everywhere," another said, while still others called him "the perfect man" and a "babe."

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Trudeau's fondness for yoga apparently runs in the family. His wife is a yoga instructor and his father, former Canadian Prime Minister Pierre Trudeau, performed the same Peacock pose in a photo that surfaced in 1970. The younger Trudeau discussed the pose in a 2013 CBC News article.

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"I used to do it an awful lot when I was younger," Trudeau said. "Now that I've hit 40, I'm not quite as able to do it as I used to be."

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Four days after that article was posted, Trudeau shared the photo of him performing the peacock on a conference table, so clearly he was just being modest.

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The Prime Minister, admittedly, isn't always as perfect as he looks when it comes to sticking with his yoga

schedule. In 2012, he tweeted about missing a lesson.

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"Last night I promised my wife I'd wake up early for yoga, but repeatedly snooze-buttoned instead," Trudeau wrote.

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