

《谷歌告诉你为什么没朋友》

导读:为什么你没有朋友?本文告诉你,友谊偏好勇敢的人,那些不害怕微笑或第一个伸手的人。



This could be for a variety of reasons and almost all, in some direct or indirect way, are probably your fault.

????????????????????

If you think this is too abrasive, that's the first reason, right there, you probably don't have any friends: you can't handle the truth and lack self-awareness.

????????????????????

The second reason may be due to your age. If you are very young, well, you're probably not reading this.

????????????????????

But in childhood we tend to look for friends who live close by and with whom we have common interests.

????????????????????

So if you don't have any friends you may simply not have anyone you can pal up with yet.

????????????????????

That's OK, although it probably doesn't feel like it.

????????????????

If you move around frequently as a child (or as an adult), you can either become very, very good at making friends (having to fit in fast, always having to play everyone else's games) or very, very bad, because you simply get fed up with not being able to put down roots.

??

In adolescence, trust and loyalty become very important. It can be difficult if you don't find anyone who is a kindred spirit, and it can seem as if everyone is more popular than you.

??

The evolutionary anthropologist Robin Dunbar, has come up with the maximum number of friends any one person can meaningfully sustain.

????????????????????????????????

That number, aka the Dunbar Number, is 150.

????????????????150?

"We're members of the primate family," Dunbar has explained, "and within the primates there is a general relationship between the size of the brain and the size of the social group.

"????????????"?????"????????????????????????"

We fit in a pattern. There are social circles beyond it and layers within – but there is a natural grouping of 150.

Smiling at someone can be the first step to friendship. It can make someone warm to you, make them like you, because they think you like them.

??

Friendship favours the brave. Those who aren't afraid to smile or put a hand out first.

????????????????????????????????

