

《想要工作时间少，移居城市要选好》



If you work to live rather than the other way around, a jaunt across the Channel could be a wise career move.

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French people worked the fewest hours last year, with staffers in Paris clocking up 1,604 hours in 2015 followed by Lyonnaise employees with 1,631 hours, according to a survey by UBS.

??2015????????????????????1604????????????????????????????????1631?????

Spread out across the entire year, that means Parisians worked an average of 30 hours and 50 minutes every week, slightly less than the 31 hours and 22 minutes worked in Lyon.

??30??50????????31??22????????????????????

France is currently in the process of banning out-of-hours emails by requiring companies to give staff a set of guidelines that include evening and weekend hours when they should not read or send work-related emails.

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A recent report from the Chartered Management Institute (CMI) found that the majority of UK managers spend 29 extra days a year working on handheld devices outside of office hours, more than cancelling out their full holiday allotment for the year.

