

《伊朗男子重155公斤 身材如真实版绿巨人》

导读:Sajad Gharibi, 今年24岁, 来自伊朗, 现在他的体重已经达到了155kg, 他在Ins上放出了自己裸着上半身的照片后引起了网友的广泛关注。



A huge weightlifter has been dubbed the Iranian Hulk after astounding social media with his sheer physical size.

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Sajad Gharibi, 24, from Iran, is said to weigh almost 24 and a half stone and almost all of it is muscle.

??24??Sajad Gharibi????????????????24.5????155kg??????????

The giant man with a fierce expression has a following of over 59,000 followers on Instagram where he posts about what he does best - weightlifting.

??Instagram????????????????????????????59000??

But his Instagram account doesn't feature the type of food and workout posts most weightlifters and workout obsessives share, instead it displays an array of gobsmacking topless photos of himself and unpretentious pictures of him going about his day to day life.

[illegible]

His huge frame and bulging muscles have earned him the name of Hulk or Hercules.

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He can lift up to 175 kilogrammes (386 lbs), which is more than he weighs and he takes part in the powerlifting category of competitions. He has also participated in bodybuilding competitions representing his country.

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Since getting gaining a following on his social media accounts, the Persian Hercules has quickly become an internet sensation as netizens express their amazement at his impressive build.

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He writes in Persian but uses English hashtags such as #strongman #strongbody #big #mucsles and #powerful.

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In his free time, Gharibi also likes to take pictures with objects that look smaller when held next to him.

?????Sajad????????????????



In one photo he sidles up to a can of Fanta orange.

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