



Xiang Yanmei earns China's fourth weightlifting gold in Brazil.

Over in the men's 77kg division, Lü XiaoJun would break his own world record in the snatch by hoisting 177 kg. Then in the clean and jerk, Lü would manage 202 kg for a combined weight of 379kg. But Nijat Rahimov of Kazakstan would lift a stunning 214kg in the clean and jerk to win gold while Lü takes the silver.



Lü takes the silver medal.

To the green pool where Qin Kai and Cao Yuan, the reigning world champs in the men's 3 meter springboard came in as heavy favorites. But China's bid to win all eight diving events is ended by Jack Laugher and Chris Mears who give Great Britain its first gold medal in Olympic diving. The Chinese pair had to settle for bronze behind the USA's duo Sam Dorman and Mike Hixon.



Qin Kai & Cao Yuan third in 3-meter synchro.

And in men's judo, China's Cheng Xunzhao would win bronze in the 90kg division to give China's its first medal in judo at the Rio Games. The third place finish also marks China's best result ever in the weight class. Japan's Mashu Baker won gold.



Cheng Xunzhao nabs bronze in 90-kilo class.