

《你的手机充电方式真得对吗？》

导读:你是不是有手机电量强迫症？只要手机电量低于90%，就要马上充电？充满电了还不放心，能多充一分钟是一分钟？你知道吗也许正是你的这种充电方式让手机电池越来越不耐用！



Yes, we know. Our smartphone batteries are bad because they barely last a day.

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But it's partially our fault because we've been charging them wrong this whole time.

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Many of us have an ingrained notion that charging our smartphones in small bursts will cause long-term damage to their batteries, and that it's better to charge them when they're close to dead.

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But we couldn't be more wrong.

