

《龙清泉破世界纪录 时隔八年再夺冠》

导读:在男子56公斤级比赛中，中国名将龙清泉完成漂亮绝杀，以抓举137公斤、挺举170公斤，总成绩307公斤破尘封16年的总成绩世界纪录夺得了中国举重队在里约的首枚金牌。



Chinese lifter Long Qingquan claimed his second Olympic gold medal when he won the men's 56kg weightlifting event with a world record total of 307kg.

????????????????????????????????56????????????307kg????????????????

The 25-year-old Long, the 2008 Olympic gold medalist, overcame the challenge from defending champion Om Yun Chaol of the Democratic People's Republic of Korea.

25????????2008????????????????????????????????

Long hoisted 137kg in snatch and 170kg in the jerk to break the previous world best of 305kg set by Turkish legend Halil Mutlu 16 years ago in the Sydney 2000 Games.

?????137kg,??170kg????????????????2000????????????????305kg?

Om, 24, snatched 134kg and jerked 169kg for a combined lift of 303kg to settle for the silver medal.

24????????134kg??169kg,?????303kg?????

Sinphet Kuraithong of Thailand took the bronze with 289kg.

????????????289kg???????

