

《重庆109岁婆婆身体倍好 轻松端起20斤重簸箕扬尘》

导读:一个109岁的老人，喜欢看武打片，既能下地干活，还能穿针引线，你信吗？



As incredible as it may seem, a 109-year-old woman still participates in farm chores in her home in Chongqing. The Chongqing Commercial Daily recently profiled Zheng Shixiang, who lives in the city's Tongnan district. Born in 1908, Zheng turned 109 on July 31.

????????????????109??1908?????????31????109???

Zheng lives with 28 of her children, grandchildren and other family members. Together, her household spans five generations. Zheng's loved ones often remind her to take it easy and leave the farm chores for younger workers. However, even then, Zheng does the work secretly.

????????????????28??

"I still feel healthy. I would feel uncomfortable if I sat still and didn't do anything," she explained.

???"???"

"My mother can never be idle. She has worked hard her entire life," said Ji Shengyan, Zheng's 73-year-old son. According to Ji, Zheng still helps to harvest pumpkins and ragweed, wash dirty laundry and with various other



Zheng threads a needle.

??????????

