

《阴柔 vs. 阳刚：古人的“帅哥标准”为哪般？》

导读:人有男女之分，性别亦有阴柔和阳刚之分。妹子们，你们中意哪一款？





It seems that Chinese women have too many "national husbands" nowadays. once there is an extremely popular actor or athlete, often single, he will be elevated to the altar as a "national husband".

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Some of these "husbands" are very fit, with nice muscles, while the others are gentle, even effeminate.

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But do they also look attractive in ancient China?

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It is known that the definition of good-looking often varies with society and time. And in ancient China, the standard of handsome men also changes in different periods.

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In a story recorded in Zuo Zhuan, the earliest annals in China, a woman vacillated between a gentle man and strong one. She eventually chose the latter.

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Apart from a beautiful face, men's height was also another important factor when judging their looks.

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However, during Wei, Jin and Southern and Northern dynasties (220-581), those soft and effeminate men dwarfed their strong counterparts for more than 300 years.

????????????220?-581????????????????????????300???

An extremely beautiful man, Pan An, was born during this time. And he later became the standard of handsome men in China. In Chinese, when describing a man as "looks like Pan An", it could be the highest praise to his looks.

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It wasn't until the Tang Dynasty (618-907) that handsome men with strong and fit bodies regained their glory.

????618?-907????????????????????

Tang people preferred magnificent, glorious and strong things, such as fat and strong horses, peonies with large petals. As to men, Tang women liked the fitter and stronger ones.

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Men's physical ability was also paid a special attention during this time. Men who were good at horse riding, archery, swordsmanship and martial arts were highly praised.

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Later in the Ming and Qing dynasties (1368-1911), Prince Charming for women, turned out to be those were thin, gentle with delicate features and good manners again.

????????????1368?-1911????????????????????????????????????

