

《囧！娶错人或嫁错人是怎样一种体验？》

导读:婚姻大事岂非儿戏，碰上不对的人，糟糕的结果可能不止一个。



A miserable wife or gloomy husband won't just get you down – they could also make you ill.

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A study has shown that having a happy spouse increases a person's own chances of good health.

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On the flip side, a glum partner could make you unwell.

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Researcher Bill Chopik said: 'Even if you're the happiest person, your health can be dragged down by an unhappy spouse.'

