

《怪不得减肥这么难，原来事情是这样的... ..》

导读:还在为减肥苦恼吧？看看这里你就知道为什么一直瘦不下来啦。



Hunger is more powerful than thirst, fear or anxiety, new research suggests.

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Scientists at the National Institutes of Health found lab mice would be willing to put themselves in danger or cut themselves off socially if it meant they could eat.

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The mice also picked food over water in every scenario.

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