

2. Your partner tries to control you

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If you often find your partner using sneaky techniques to keep you in check, he or she doesn't respect you.

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3. Your partner treats sex as a transaction

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Anytime a person expects sex in exchange for something, the most basic form of respect is tossed out the window. Sex should never be used as a method of coercion or a form of payment.

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4. Your partner isn't proud of you

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Just as you've strived for your parents' approval throughout your life, seeking those heavily-weighted words of acceptance, you want the same from your partner. To hear "I'm proud of you," from someone you respect is a big deal, and it's important that both partners take pride in the relationship. When your partner is proud of you, there's a mutual respect for one another.

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5. Your partner refuses to compromise or negotiate

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It's only natural the person closest to you will get under your skin, and part of a relationship is being able to discuss life's major challenges as a team. But when one person in a relationship isn't willing to act as a team, there's bound to be long-term issues.

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