《男女之间有纯友谊关系么？》

导读:24岁的宋小姐是北京的一位人事专员，其身边的同事都纷纷对24岁演员杨紫和同岁的张一山为何认识了那么多年却没有成为恋人这件事津津乐道。宋小姐本人却对此事丝毫提不起兴趣，她认为这简直是在替别人瞎操心。

Charlotte Song, a 24-year-old human resource specialist in Beijing, was bored when she overheard some of her colleagues gossiping about why Yang Zi, 24, a Chinese actress, and Zhang Yishan, 24, a Chinese actor, had not become lovers after being very good friends since they were teenagers. "Really, such a fuss," she said.

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A sequel to Home With Kids, a 2005 hit drama that Yang and Zhang co-starred in when they were 13 years old, is beginning production and a lot of people are discussing the relationship between the two stars.

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Song does not understand why so many people think there must be something romantic going on between two friends of the opposite sex and that it would be unbelievable if they do not turn into lovers.

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She and her male friend Jack Zhang have been best friends for more than 10 years. "We never tried to be lovers and are still happy together."

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According to her, from university, they each began to date. Most of the time, she has her boyfriend and Zhang has his girlfriend. There were times when they were both single, but even then, they were still best friends.

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However, she conceded that she once had the thought that it might be nice for them to become lovers.

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"After all, we know each other well. He can tell what I'm thinking just from my eyes and I can tell from his," she said. "But I was afraid that if we did become lovers but broke up, I would lose my best friend at the same time."

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Besides this, she did not make her move because she did not have the feeling of falling in love when they were together. "When we hang out together, my heart does not beat as fast as it did as when I dated my exes," she said. "I guess, maybe we are more like family to each other."

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There have been many debates on the Internet concerning whether there is pure friendship between men and women, but opinions are divided.

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According to Pan Ming, a psychologist and founder of Yiming Psychological Counseling Center based in Qingdao, Shandong Province, no pure friendship exists between men and women from a biological standpoint. He said, even if there is, it may be temporary and tends to evolve into a romantic relationship.

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However, he added, from an ethical perspective, if the two parties cherish their friendship and do not surrender themselves to emotional impulses, it is likely that the pure friendship can be maintained.

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Pan said although best friends turning into couples has an advantage as they have had a good understanding of each other, which is the basis of a stable relationship or marriage, it is at the same time risky.

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According to him, a romantic relationship is harder to sustain than friendship. "The two parties need to prepare themselves for any possible twists and turns. Also, they will have different expectations for each other as they turn into a couple, and if they are not fully prepared for the challenges, they can easily feel disappointed."

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Song feels relieved that she did not try to turn her friendship into a romance because she knew she was not ready for being anything other than a best friend.

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She conceded that if she rushed into it, she might feel very disappointed if he ever fails to meet her expectation for a good boyfriend, and she may lose him for good if things go wrong.

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"Now, as best friends, we are always happy together because we do not fight about failing to live up to the other’s standard for a good boyfriend or girlfriend," said Song. "I think we are better off just being good friends."

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