

《航天员开启忙碌的第一天》

导读:神舟十一号飞船和天宫二号成功实施自动交会对接，形成组合体。航天员景海鹏和陈冬顺利进驻天宫二号。天宫生活第一天，两名航天员是如何度过的呢？



Today is the first day that our flight crew moved into the space complex for the Shenzhou XI mission. It is 10:05 pm and we have not finished our work yet.

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I am told people are concerned about our living conditions here in space. Tutuping'an, a netizen using the Xinhua mobile app, is curious about how we sleep and eat meals in the space lab.

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Chen Dong and I have been working all day and we really want to go to bed now. As we were so busy in the morning, docking Shenzhou XI and Tiangong II, and then entering the Tiangong II complex, we had no time for dinner. We only ate one meal for breakfast and lunch.

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Our food mainly consists of ready-to-eat foods, or snacks, but we did bring a few staples. Earlier, we heated some

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