

《亚洲最佳女主厨：自创中式汉堡包》

导读:新锐大厨周梅的小小包餐厅供应中式汉堡，她刚被300多位评审评为亚洲最佳女主厨。



The humble steamed bun is taking Hong Kong's culinary scene by storm - and scooping up awards along the way.

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May Chow, the owner of restaurant Little Bao, has just been voted Asia's best female chef by a panel of over 300 experts.

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The 32-year-old's restaurant serves what she calls Chinese burgers: steamed white buns filled with braised pork belly, fried chicken or fish.

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Winning the award is no mean feat, considering Asia's competitive food scene, but the restaurant might not have started at all if Ms Chow hadn't sneaked behind her parents' back.

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She developed a love of cooking from watching her mother cook in Canada - where a typical meal involved serving more than 20 people in the extended family.

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"Growing up I told my parents I wanted to be a chef," Ms Chow tells the BBC.

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"But back then, cooking was considered low-class work, and my parents felt it would be a waste of my education."

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As a result, Ms Chow studied hotel management at university in the US instead, but says her love for cooking kept calling out to her. By her third year at university, she was ready to take the plunge.

