

《又到开学季：做到这5点让你赢在起跑线上！》

导读:新学期又到了，如何在新学期表现更好是每个学生都面临的问题，对于那些非常急切而又找不到方向的人，本文将给你们5点建议，让你赢在起跑线上。



Knowing how to start a semester strongly can be one of the most important skills to learn during your time in college. After all, the choices you make during the first few weeks (and even days) of a new semester can have long-lasting effects. So just where should you focus your efforts?

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Get a time management system. Managing your time just may be your biggest challenge while in college. Find something that works for you and use it from day one.

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Take a reasonable course load. Taking 20 units (or more!) this semester may sound great in theory, but it most likely will come back to haunt you in the long run. Sure, it may seem like a good way to improve your transcript, but the lower grades you might get because your course load is too heavy is a sure way to bring your transcript down, not up. If you absolutely must carry a heavy course load for some reason, however, make sure that you've cut down on your other commitments so that you don't put too many unreasonable expectations on yourself.

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Have your books purchased -- or at least on their way. Not having your books the first week of class can put you behind everyone else before you even had the chance to start. Even if you have to go to the library for the first

week or two to get the reading done, make sure you're doing what you can to stay on top of your homework until your books arrive.

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Have some -- but not too much -- co-curricular involvement. You don't want to be so over involved that you barely have time to eat and sleep, but you most likely do need to be involved in something other than your classes all day long. Join a club, get an on-campus job, volunteer somewhere, play on an intramural team: just do something to keep your brain (and personal life!) balanced.

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Get your finances in order. You may be rocking your classes, but if your financial situation is a mess, you won't be able to finish the semester. Make sure your finances are in order when you start a new semester and that they'll still be that way as you head toward finals week.

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