

《清明节八大美食》

导读:说到清明节吃什么，不同地方有不同的饮食习俗，如江南吃青团子、客家人吃艾粄、厦门吃薄饼……具体清明节吃什么？小编为大家介绍了8种节气美食，一起来看看吧！



As Tomb Sweeping Day draws near, here are eight traditional food people from different parts of China consume on the day.

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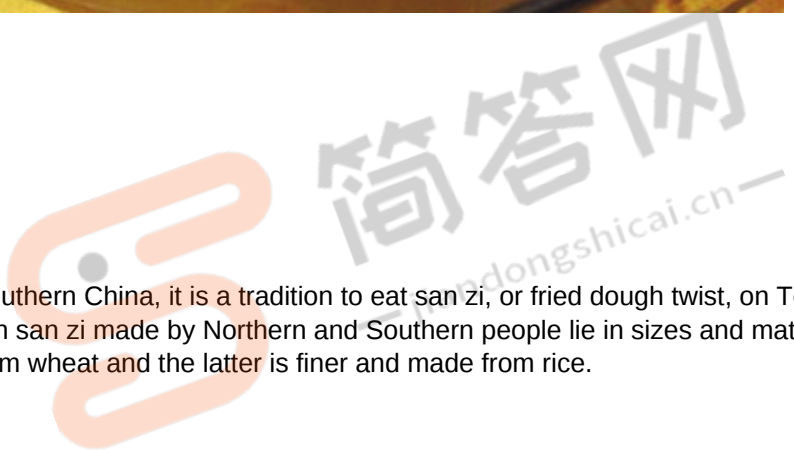


1. Green rice ball

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People in the Jiangnan region often eat this kind of green colored balls made from glutinous rice on Tomb Sweeping Day. The green color is from the juice of brome grass that is added in the rice.

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[illegible]



4. Thin pancake

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People in Xiamen in Fujian province often have thin pancakes on Tomb Sweeping Day. Dried seaweed, omelette, veggies and chili sauce are added in the pancakes to enhance the flavor.

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5. Steamed rice with leaf mustard

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In many places in eastern Fujian province, people often steamed rice with leaf mustard on Tomb Sweeping Day to prevent scabies and other skin diseases.

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7. Zitui bun

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The steamed bun is named after Jie Zitui, a famous hermit of the Spring and Autumn Period (770-476BC). Often each Zitun bun weighs 0.5kg and many colorful dough animals and flowers are decorated on the bun. Eggs and jujubes are added inside the bun to increase the sweetness. People in northern Shaanxi province have the tradition to eat this kind of bun on Tomb Sweeping Day.

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