

《发信息交流真的好吗？》

导读:现在的人们交流时，似乎有很多人喜欢发信息而排斥打电话或者面谈。这真是最好的沟通方式吗？



Good communication is the cornerstone of any relationship. But is texting the best way to communicate?

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Texting is a good way to start a friendship. But it is not the best way to discuss or argue about touchy or unresolved issues in a relationship.

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Research shows that 58 percent of communication is through body language, 35 percent through vocal tone and intonation and a trivial 7 percent through the content of the message.

?????58%?????????????35%?????????????7%???????

Texting hides emotions. No one can hear the trembling or the anger in your voice. In matters of the heart, letting your fingers do the talking can cause more harm than good.

We can ignore messages or delay answering questions if we don't like them, and we will never know how much we've hurt someone.

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In face-to-face situations, we need to give an immediate response, otherwise it would be misconstrued as being rude or socially insensitive. There can also be linguistic and cultural barriers. Text messaging is unavoidable. But it is advisable to mix it up with some face-to-face interactions.

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