

《国外掀起新的咖啡“健康喝法”，科学家说别乱搞》

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People Keep Putting Collagen in Their Coffee, And Scientists Have Weighed In.

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Collagen products are popping up everywhere. While collagen is probably most well known for its touted skin care benefits and as a major component of lip enhancers and injections, some celebrities, like Kourtney Kardashian, are suggesting that people drink it.

Likely, a skin improvement is due to additional ingredients in your topical cream or simply additional proline, an amino acid found in collagen.

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