

《大学生活即将开始 这7件事你得知道》

即将迎来未知的大学生活或许会让一些新生内心忐忑，但其实没什么可怕的，你只需要提前做一点功课，就可以避免很多烦恼。



[Photo/Pexels]

1. Every College Has Different Rules on What You Can Bring

每所大学对你能带什么都有不同的规定

It is essential that you check the list of approved and prohibited items from your college before you move in. Rules vary from school to school, and you may want to hold off on buying that mini-fridge/microwave combo until you make sure you can have them in your dorm.

在你搬进大学宿舍前，先查看贵校准许和禁止携带的物品清单，这一点很重要。每个学校的规定各不相同，买迷你冰箱和微波炉之前最好先确认一下宿舍是不是允许。

2. You Probably Shouldn't Take Your Whole Closet

不要把所有的衣服都带到学校去

Dorm storage space is one thing that many incoming freshmen overestimate. Depending on the size of your wardrobe, it might be a good idea to consider leaving everything but the necessities at home. Besides, you might find you don't need as many clothes as you think—most college laundry facilities are easy, inexpensive, and located right in the residence hall.

很多大学新生都高估了宿舍存储空间。考虑到宿舍衣柜的尺寸，你还是只带一些必备衣服比较好。另外，你会发现自己需要的衣服没有你想象的那么多，大多数大学宿舍楼内都有便于使用的洗衣设施，价格也不贵。

3. You Might Not Like Your Roommate (And That's Not the End of the World)

你可能不喜欢你的室友（但也不要把问题想得太严重）

For your first semester of college, odds are you'll have either a randomly picked roommate or a roommate who was selected based on your responses to a brief questionnaire. And while it's completely possible that you will be the best of friends, it's also possible that you might not get along. This can be uncomfortable, but remember that with classes, clubs, and other campus events, you probably won't be in your room very much anyway. However, if your roommate is a bit more than you can handle, Residential Advisors and Residential Directors can often help.

在进入大学的第一个学期，你很可能被随机分配室友，或者根据一份简短问卷给你安排室友。虽然你和你的室友完全有可能会变成非常好的朋友，但你们也可能处不来。这会让人不爽，但是别忘了你还要上课、参加社团和其他校园活动，你待在宿舍里的时间应该也不会太长。不过，如果你的室友实在让你受不了，你可以求助于宿管人员。

4. Know Where You Can Get Good Food

你要知道哪里能吃到好吃的美食

Food is an important part of the campus experience. Most colleges have multiple dining options, and it's a good idea to try them all your first semester. If you want to know the best place to eat, or if you need vegan, or gluten-free options, you can always check the college's website, or just ask your fellow students. Don't forget to try outside the college, too—college towns almost always have good, cheap food.

饮食是校园生活的一个重要部分。大多数高校都有多家食堂，第一学期最好能把它们

尝个遍。如果你想知道哪里的饭菜最好吃，或者想吃素食或不含谷蛋白的食物，你可以在校网上查一下或者问问你的同学。别忘了尝试一下校外的美食，大学城里通常都有好吃又便宜的餐馆。



[Photo/Pexels]

5. There Are Tons of Things to Do (And It ' s Pretty Easy to Find Them)

在大学里有很多可做的事情（而且很容易就能找到事情做）

The last thing anyone should be worried about is being bored on campus. Almost every college has a host of student clubs and organizations, frequent campus events, and other activities. They're not hard to find, either. There are often fliers and posters all around campus for things to do and clubs to join. Some clubs even have their own social media sites, which could help you not only learn about the clubs, but also contact current members.

在大学里绝对不用担心自己会感到无聊，几乎每所大学都有大量的学生社团组织和频繁的校园活动。而且想要参加也很容易，校园里遍地都是社团和校园活动的传单和海报。一些社团甚至还有自己的社交媒体页面，可以帮助你了解社团和联系到社团现有成员。

6. Plan Out Your Academic Career Early (But Don ' t Be Afraid to Change It)

早早地规划好学业生涯（不要害怕做出改变）

In order to make sure you have all the credits you need to graduate on time, it's a good idea to plan out your courses early. But keep in mind that your plan won't be written in stone. Many students change their majors at least once during their time in college, and this is a good thing. College is supposed to be a time of discovery.

为了确保在毕业前修完全部学分，你最好早早地做好课程规划。但也要记住，规划不是一成不变的。许多学生在大学期间至少会换一次专业，这是好事。大学时光本来就是不断发现的过程。

7. You Can Get Good Grades and Have Fun

你可以成绩快乐两不误

A common fear when starting college is that there will be time for either studying or having fun, but not both. The truth is that with good time management it is possible to get good grades in all your classes and still have time to be in clubs and go have fun. If you manage your schedule well, you may even get a decent amount of sleep, too.

很多人担心上了大学后，要么把时间用来学习，要么把时间用于玩乐，但不能二者兼得。真相是，只要你做好时间管理，你不但所有课程都能取得好成绩，还能有时间参加社团和玩乐。如果你善于安排日程，你甚至还能享有充足的睡眠时间。

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