

《高考英语作文真题范文：一封回信》

题目：

为了帮助中学生健康成长，某中学英文报开辟了 "HEART-TO-HEART" 专栏。假设你是该栏目的编辑Jamie, 收到一封署名为Worried的求助信。信中该同学向你诉说了自己的困扰：近日容易发脾气，使正常的学习和生活受到了影响。请用英文给该同学写一封回信。



内容要点如下：

1. 表示理解并给予安慰；
2. 提出建议并说明理由。

注意：

1. 词数120左右；
2. 信中不能出现与本人相关的信息；
3. 信的开头与结尾已为你拟好，不计入总词数。

参考词汇：

temper n.脾气 情绪

Hi Worried,

I'm sorry to know that you' re having such a bad time at the moment.

Yours,

Jamie



范文：

Hi Worried,

I' m sorry to know that you' re having such a bad time at the moment.What you must konw is that everyone will have such a period when things seem to be going wrong ,so please do not worry about it too much. At the moment, what you must do is learning to control your temper so that you may not do or say someting you will regret. Here I share some tips:

Firstly,try to share your mood with your friends you trust most.You will feel better after talking with your friends, ,because it's a good way to let your anger out. Secondly,do some outdoor sports with your friends like playing badminton or climbing mountains, as sports can help relax and get rid of anger. Lastly,remain opmistic about your life ,you should believe that life is full of hope.

I hope you will feel calmer soon and carry on as normal.

Yours,

Jamie

