

《英语美文：保持积极心态，你也可以不凡！》



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people say, you cannot change the environment, but can change their own; you cannot change the facts, but can change attitudes; you cannot change the past, but can be changed now; you cannot control other people, but can be masters of our own; you cannot do everything well, but can be conscientious in everything; you cannot change the weather, but you can change the mood; you cannot choose looks, but it can show a smile.

人说，你改变不了环境，但可以改变自己;你改变不了事实，但可以改变态度;你改变不了过去，但可以改变现在;你不能控制他人，但可以掌握自己;你不能样样顺利，但可以事事尽心;你不能左右天气，但可以改变心情;你不能选择容貌，但可以展现笑容。

Indeed, one key to the success lays in his (her) mind. The difference between successful people and the losers is: winners attribute setbacks to inadequate personal ability, imperfection, to emphasize the inherent, they are willing to continuously improve and develop the right direction; and the losers will blame on the opportunity, and the environment injustice, emphasizing external and uncontrollable factors that created the

position of their life, they always complain, wait and give up!

的确，一个人能否成功的关键还在于他(她)的心态。成功人士与失败者的差异是：成功者将挫折、困难归因于个人能力、经验的不完善，强调内在，他们乐意不断向好的方向改进和发展;而失败者则怪罪于机遇、环境的不公，强调外在、不可控制的因素造就了他们的人生位置，他们总是抱怨、等待与放弃!

Attitude makes a huge difference. Emerson said: "The world will make the way for whoever head for his goals." We often fail because we are susceptible to all around us, because we are lacking assertiveness and easily frustrated.

一个人的态度非常重要。爱默生说："一个永远朝着自己目标前进的人，整个世界都给他让路。"失败不是因为我们不具备实力，而是我们易被环境左右，惯于附和，缺乏主见，心态不稳定，容易沮丧的缘故。

As long as we believe in the strength of mind and change our attitude, we do have courage to face a number of disappointments in life. Do not despair, go for it bravely.

只要我们相信心态的力量，调整好心态，勇敢的去面对生活上的一些不如意，不要气馁，勇敢的走下去。

I believe the power of mind. You're in the height of the final decision.

相信心态的力量，心态最终决定你所处的高度。