

《感恩生命中的每一天》



中文原文

走过岁月的山山水水，静观世间百态，笑看天下风云。

山一程水一程地奔赴，只为能在有生之年，找到一个灵魂相通的人，携手相伴，栉风沐雨，一路前行。

人生不是赛跑，而是旅行。不必跑得太快，要懂得驻足欣赏美景。

精彩的人生犹如一次探险，紧紧抓住梦想，才能扬帆起航。

无论成功与否，都是一种历练与成长。成功了，不骄傲，失败了，不气馁。

日复一日地播种、灌溉，年复一年地修剪，耕耘，才能让生命之花尽情绽放。

人生当如夏花之绚烂、秋叶之静美，绚丽多姿，灿烂芬芳。

做一个梦想的守候者，握紧手中的时光，不悲观、不抱怨。

只要心中怀揣梦想，有期许、有方向、肯努力，纵然前方路途遥远，也风雨无阻、决不退缩。

没有到达不了的彼岸，没有抵达不了的明天。

尺有所短，寸有所长，生命可贵之处，就在于能看到自己的缺陷与不足，坦然地面对，欣然地接受，无须怨天尤人，更不轻言放弃。

只有打破思维的禁区，取长补短，勇于突破与创新，才能硕果累累，展颜欢笑，最终收获丰收的喜悦。

淡然是心境，浪漫需情怀。

人生浮沉，世事难测，当知得失随意，闲淡由之。

尘世烟火袅袅，阡陌几许深深，千回百转，人在旅途，素心若尘。

保持一份淡然从容的心态，不管人间是与非，白云流水自相依。生活有苦有乐，生命有长有短，时间会沉淀最真的情感，风雨会考验最暖的陪伴。

花开有声，花落无语；岁月无情，光阴不候；无论沧海桑田，世事变迁，只要我们能平安、健康地活着就是幸福。

珍惜生命，敬畏生命，感恩生命中的每一天。

有些爱已刻入骨髓，却无力挽留，有些情虽魂牵梦绕，却无济于事。尘世间有太多的期许与无奈，不必过于自责与内疚。

珍惜每一次遇见，善待每一份情缘，欣喜相拥，默然相守，相依相伴，风雨同舟。

静坐光阴的角落细数流年，看一树花开，等一场烟雨，清风摇曳，飞云过天，碧水幽幽，氤氲馨香。

拥有一份美的情怀，心清静了，生活就美好了；心快乐了，人生就幸福了。

执一支素笔，倾一世情缘，挥毫留白水墨丹青，多想就此将美好的风景写意成永恒，演绎成简单，细品慢嚼，用心体会人间的幸福与美好，用爱感悟生命的价值与魅力。

静享唯美时光，用最美的心情去迎接冉冉升起的朝阳，感恩生命中的每一天。

英文译文

Walk through the mountains and rivers of time, observe the various states of the world, and smile to see the world's ups and downs.

We travel all the way through mountains and rivers, only to find someone with the same soul in our lifetime, to walk hand in hand through the wind and rain, and move forward together.

Life is not a race, but a journey. Don't run too fast, learn to stop and appreciate the beautiful scenery.

A wonderful life is like an adventure, holding onto your dreams is the only way to set sail.

Whether successful or not, it is a form of experience and growth. Succeed, not proud, failed, not discouraged.

Only by sowing and irrigating day after day, pruning and cultivating year after year, can the flower of life bloom to its fullest.

Life should be like the splendor of summer flowers and the tranquility of autumn leaves, colorful and fragrant.

Be a watcher of dreams, hold onto the time in your hands, not pessimistic or complaining.

As long as you hold your dreams in your heart, have expectations, directions, and are willing to work hard, even if the road ahead is far away, there will be no obstacles, and you will never retreat.

There is no other shore that cannot be reached, and there is no tomorrow that cannot be reached.

A ruler has its own shortcomings, an inch has its own strengths, and the value of life lies in being able to see one's own flaws and shortcomings, face them calmly, accept them willingly, without complaining about others or giving up easily.

Only by breaking the forbidden zone of thinking, learning from strengths and weaknesses, and daring to break through and innovate, can we achieve fruitful results, show our smiles, and ultimately reap the joy of a bountiful harvest.

Calmness is the state of mind, romance requires emotions.

Life is full of ups and downs, and things are difficult to predict. When you know your

gains and losses, you are free to let them go.

The smoke and fire of the mortal world are curling up, and the paths are a few deep and endless twists and turns. People are on the journey, and their hearts are like dust.

Maintain a calm and composed attitude, regardless of whether the world is right or wrong, white clouds and flowing water are interdependent. Life has its ups and downs, its length and downs. Time will precipitate the most genuine emotions, and wind and rain will test the warmest companionship.

Flowers bloom with sound, flowers fall without words; Time is merciless, time does not wait; Regardless of the vicissitudes of life, as long as we can live safely and healthily, it is happiness.

Cherish life, revere life, and be grateful for every day of life.

Some love has been engraved into the bone marrow, but it is powerless to retain it. Some emotions, although haunted by dreams, are of no use. There are too many expectations and helplessness in the mortal world, there is no need to feel too guilty and guilty.

Cherish every encounter, treat every love relationship well, embrace each other with joy, stay together silently, rely on each other, and sail together through storms.

Sitting quietly in the corner of time, counting the fleeting years, watching a tree bloom, waiting for a misty rain, a gentle breeze swaying, flying clouds passing through the sky, the clear water serene and fragrant.

Having a beautiful sentiment makes life beautiful when the heart is calm; A happy heart brings happiness to life.

Holding a plain pen, pouring out lifelong love, leaving no trace of ink or ink, I hope to turn the beautiful scenery into eternity, interpret it into simplicity, savor it carefully, and experience the happiness and beauty of human life with my heart, and appreciate the value and charm of life with love.

Enjoy the beautiful time quietly, greet the rising sun with the most beautiful mood, and be grateful for every day of life.

重点词汇

静观 observe quietly watch quietly

奔赴 go to ; hurry off to ; hurry off for ; rush to ; hurry to

在有生之年 In his lifetime ; in the course of one's lifetime

栉风沐雨 brave the wind and the rain ; combed by the wind and washed by the rain --
traveling all the time ; be combed by the wind and bathed by the rain ; expose oneself to
the winds and rains in travel

扬帆起航 set sail ; make sail

历练 experience and toughening

不气馁 Not discouraged ; Girls On Top ; Lack of Discouragement ; Keep your chin up ;
Chester

年复一年 year after year ; year in and year out ; year in, year out ; from one year to
another

耕耘 ploughing and weeding ; cultivation ; diligent labor ; work and study hard

绚烂 gorgeous ; splendid ; luscious

