

《德鲁·巴里摩尔拒绝整容：自然衰老是一件礼物》

天生大饼脸、高颧骨、塌鼻子怎么办?作为一个现代人，完全不用担心，只要有钱、舍得花钱，就可以通过格整容变成美若天仙的大美女。

无论是国内还国内，通过做整形手术变美的明星并不少见，还有很多日渐衰老的明星依靠医美成为冻龄女神。

然而，好莱坞甜心德鲁·巴里摩尔却称不愿意做整形，害怕自己越陷越深!



Drew Barrymore is steering clear of plastic surgery.

德鲁·巴里摩尔正在避开整形手术。

The talk show host, 48, revealed that she is avoiding cosmetic procedures because of her

“ highly addictive ” nature.

这位 48 岁的脱口秀主持人透露，由于她 “ 高度上瘾 ” 的天性，她正在避免整容手术。

“ I have a highly addictive personality, so I worry I ’ d continue to chase it, get this and that done, ” Barrymore explained to People in an interview published Thursday.

周四，巴里摩尔在发表的采访中向《人物》杂志解释道 “ 我性格上很容易上瘾，所以我担心我会继续追求它，做这个，做那个 ”。

“ That scares me, just because of my own approach to things, ” she added. “ So, I ’ m waiting on making any alterations. ”

“ 这让我很害怕，仅仅是因为我自己的处事方式， ” 她补充道， “ 所以，我正在等待做出任何改变。 ”



The “ Never Been Kissed ” actress — who battled substance abuse as an adolescent and gave up drinking altogether in 2021 — insisted that she hasn ’ t “ done anything ” to fight the aging process.

这位曾出演《一吻定江山》的女演员在青少年时期曾与滥用药物作斗争，并于2021年彻底戒酒，她坚称自己没有“做过任何事情”来对抗衰老。

“ And I ’ m going to maintain that as long as possible, ” she said. “ I have zero judgment for anyone doing anything. But I don ’ t see myself resorting to it. ”

“ 我会尽可能长时间地保持这种状态， ” 她说， “ 我对任何人的任何行为都没有任何评判。但我不认为自己会采取这种做法。 ”

Barrymore does, however, indulge in beauty products and loves experimenting with different hairstyles and hues.

然而，巴里摩尔确实沉迷于美容产品，喜欢尝试不同的发型和发色。

The former child star admitted that she dyes her hair so much that she “ doesn ’ t know [her] real color ” anymore.

这位前童星承认，她染头发太频繁，以至于她“已经不知道自己真实的发色了”。



The Flower Beauty founder said that she has “ zero judgment ” for those who opt to go under the knife.

这位 Flower Beauty 品牌创始人表示，她对那些选择动刀的人“不发表任何看法”。

But going under the knife isn ' t of interest to Barrymore, who hopes to show her daughters — Olive, 11, and Frankie, 9, whom she shares with ex-husband Will Kopelman — that growing older is a gift.

但巴里摩尔对动刀子并不感兴趣，她希望向女儿们——11 岁的奥利弗和 9 岁的弗兰基(她与前夫威尔·科佩尔曼共同抚养)展示——衰老是一件礼物。



医美确实可以让我们变美，也可以帮我们冻龄，但是，其过程也蕴含着较大的风险。如果整容失败，毁容还是幸运的，而那些不幸人的可能因此失去生命。

变美固然很重要，但是，生命和健康更加重要。其实，接受有缺点的自己、接受自己慢慢变老何尝不是一种美呢？