《英语新词学习:上班族无法避免的"午间危机"》

马不停蹄地忙了一上午，吃过午饭回到桌前发现还有那么多活儿没干完，这眼睛立马就不想睁着了。这样的mid-day crisis大概很多人都经历过吧。

Mid-day crisis

refers to the situation when one is in a desperate need for a siesta because they become extremely tired in the afternoon and coffee isn't cutting it any longer, or when it's the middle of the day, and you realize you have a lot to do and not enough time to do it. As a result, your mind locks up and you can't work, you just sit and pity yourself.

??????????????