

《加拿大著名演员肯尼斯·米歇尔因渐冻症并发症去世》

据多家外媒报道，加拿大著名演员漫威电影《惊奇队长》女主父亲的饰演者肯尼斯·米歇尔(Kenneth Mitchell)因肌萎缩侧索硬化症(渐冻症)并发症去世，才49岁!

肯尼斯·米歇尔(Kenneth Mitchell)去世后，人们在他的Instagram页面上发现了他的遗愿，他希望自己死后可以成为一棵树，让孩子们爬、让学生们靠、甚至被刻成独木舟...



01

Star Trek: Discovery and Captain Marvel actor Kenneth Mitchell 's final wish for his burial has been revealed in a moving poem.

一首感人的诗揭露了《星际迷航：发现号》和《惊奇队长》演员肯尼斯·米歇尔的最后愿望。

The actor, who played various characters in Star Trek: Discovery and appeared as Joseph Danvers in Captain Marvel, died aged 49 following complications of amyotrophic lateral sclerosis (ALS), his family announced on X and Instagram.

这位演员在《星际迷航：发现号》中饰演过各个角色，并在《惊奇队长》中饰演Josep

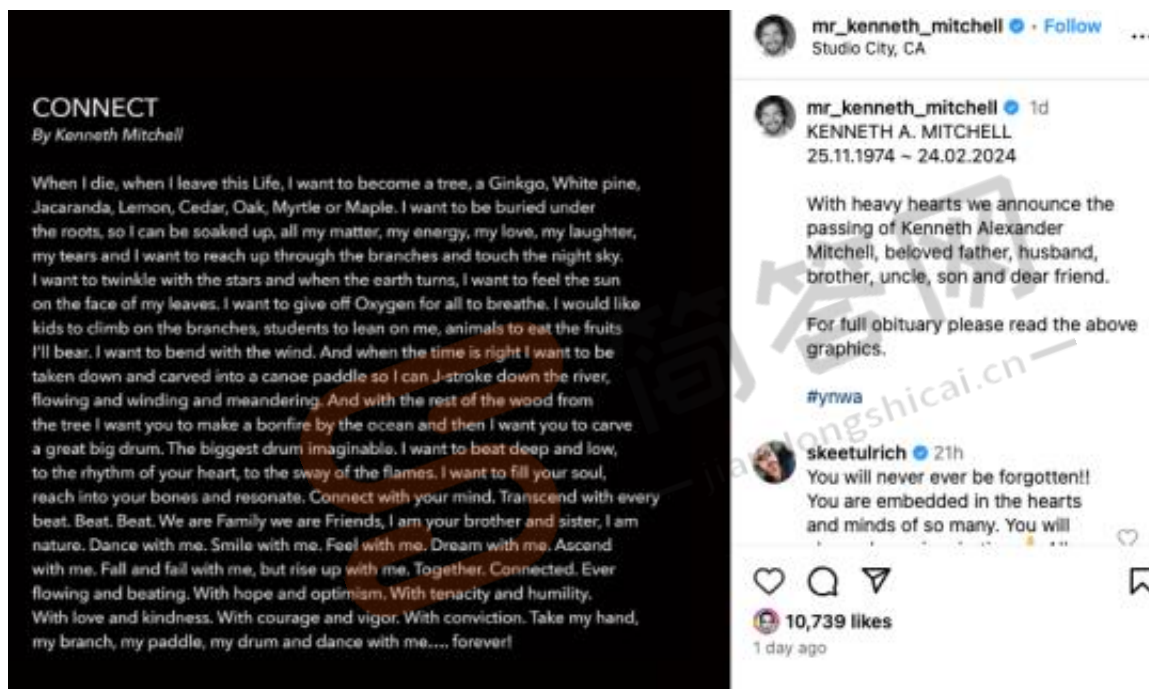
h Danvers，他的家人通过X和Instagram宣布，他因肌萎缩侧索硬化症(ALS)并发症去世，享年49岁。

He had lived with the disease for five years after being diagnosed.

被诊断出患有这种疾病后，他已与这种疾病共存了五年。

In a poem titled Connect, written by Mitchell, he shared that he wanted to become a tree after his death.

在米歇尔写的一首名为《Connect》的诗中，他分享说他死后想变成一棵树。



‘ When I die, when I leave this life, I want to become a tree, a Ginkgo, White pine, Jacaranda, Lemon, Cedar, Oak, Myrtle or Maple, ’ he wrote.

他写道：“当我死去，离开这个世界时，我想变成一棵树，一棵银杏、白松、紫葳、柠檬、雪松、橡树、桃金娘或枫树。”

The poem, which was published on his Instagram page, continues: ‘ I want to be buried under the roots so I can be soaked up, all my matter, my energy, my love, my laughter, my tears and I want to reach up through the branches and touch the night sky.

这首诗发表在他的Instagram页面上，他继续写道：“我想被埋在根下，这样我就可以被吸收，我所有的物质、能量、爱、笑声、眼泪，我想通过树枝伸向夜空。

‘ I want to twinkle with the stars and when the earth turns, I want to feel the sun on the

face of my leaves. I want to give off Oxygen for all to breathe. ’

“我想和星星一起闪烁，当地球转动时，我想感受太阳照在我的叶子上的感觉。我想释放氧气供大家呼吸。”



Mitchell said he wanted children to climb on him, students to lean on him, and animals to eat his fruit, as well as one day being carved into a canoe.

米歇尔说，他希望孩子们爬到他身上，学生们能靠在他身上，动物能吃他的水果，还有一天能被雕刻成木舟。

He concluded Connect with: ‘ Take my hand, my brand, my paddle, my drum and dance with me... forever! ’

他总结道：“牵着我的手，我的木头，我的桨，我的鼓，和我一起跳舞……永远！”

02

泪目了!即使去世了，米歇尔还想要将仅剩的物质转变为能量，给人们带来温暖和欢乐。

米歇尔1974年加拿大安大略省，凭借着超高颜值和过硬的演技，他参与演出了包括《实习医生格蕾》、《宇航员之妻》、《犯罪心理》、《惊奇队长》《星际迷航：发现号》等多部优秀电视电影节目，收获了超高的人气。

正当他的演艺事业步步高升的时候，噩耗传来——他被诊断出患有渐冻症，这是一种慢性、进行性神经系统变性疾病，目前尚无可行的治疗方法。

2018年确诊渐冻症后，米歇尔一直都很乐观、很阳光，即使自己患病，也要积极做公益帮助更多的人，即使自己深处黑暗，也要展示自己的乐观以鼓舞更多的人积极面对生活。他的这份坚韧与爱心，让不少网友动容。



Mitchell, who also played Eric Green in the CBS post-apocalyptic action drama *Jericho* and *The Astronaut Wives Club*, first revealed his ALS diagnosis in 2020.

米歇尔在CBS的末日动作剧《*Jericho and The Astronaut Wives Club*》中饰演 Eric Green，他于2020年首次透露自己被诊断出患有ALS。

ALS is a fatal type of motor neuron disease characterised by progressive degeneration of nerve cells in the spinal cord and brain, according to John Hopkins Medicine.

据约翰·霍普金斯大学医学中心称，ALS是一种致命的运动神经元疾病，其特征是脊髓和大脑中的神经细胞进行性退化。

Mitchell said he first started developing symptoms in 2018 after experiencing constant twitching in his muscles, initially believing it was a pinched nerve.

米歇尔说，他第一次出现症状是在2018年，当时他的肌肉不断抽搐，最初他以为这是神经受到挤压。

‘ The moment that they told us it was [ALS] it was like I was in my own movie, ’
Mitchell recalled to People Magazine.

“ 当他们告诉我们这是[ALS]的那一刻，感觉像是在拍电影， ” 米歇尔向《人物》杂志回忆道。

‘ That ’ s what it felt like, like I was watching that scene where someone is being told
that they have a terminal illness. It was just a complete disbelief, a shock. ’

“ 那感觉就像，我亲眼目睹了某人被告知患有绝症的场景。我简直不敢相信，非常震惊。 ”





Mitchell, who began using a wheelchair in 2019, said that showrunners began creating roles specifically for him, including a role in the Jeff Bridges' drama *The Old Man*.

2019年，米歇尔开始使用轮椅，他说，节目制作人开始为他专门创作角色，包括在杰夫·布里吉斯的电视剧《The Old Man》中扮演的角色。

遗憾的是，与渐冻症对抗了五年，米歇尔最后还是因为并发症去世了。

事实上，首次出现渐冻症症状之后，大多数患者都会因为并发症去世，像物理学家霍金那样可以能够坚持几十年，活动76岁的情况，真的非常罕见。

最后，借用下《寻梦环游记》的台词，“死亡不是生命的终点,遗忘才是”，网友会永远记得这位给人温暖和阳光的可敬的演员。

