

《单词百科:tailbone是什么意思?tailbone怎么发音?tailbone的解释和用法》

英语单词tailbone是什么意思?tailbone怎么读?tailbone怎么发音?简答网为您整理了tailbone的解释、用法、例句、词组等相关学习资料。下面跟小编一起来看看吧!



tailbone怎么读

tailbone的读音:[te lb n]

tailbone的意思

1、尾骨;

tailbone的双语例句

1、Burrow the tailbone down toward the floor, and keep your back muscles soft.

将尾椎骨尽量靠向地板方向以使背部肌肉保持柔软.

2、 Then during the contest Anderson Varejao suffered a wrist contusion and Daniel Gibson bruised his tailbone.

接着在比赛中,瓦莱乔手腕挫伤,丹尼尔吉布森尾骨受伤.

3、 Draw the tailbone down toward the floor and lift your pubic bone toward your navel.

将尾骨拉向下朝着地板方向,提起耻骨(骨盆前侧可触摸到的骨骼)向肚脐的方向.

4、 He suffered two dislocated shoulders plus a broken shoulder, pelvis, leg and tailbone.

他的双肩脱臼,外加一肩、 骨盆、 一腿与尾椎骨骨折.

5、 Then inhale and lift the torso up by pulling the tailbone down and into the pelvis.

然后吸气,通过拉尾椎骨进入盆骨的方式抬起躯干.

6、 Firm your against your back, then widen them and draw them toward the tailbone.

稳固肩胛骨进入背部, 然后扩宽肩胛骨并拉它们向尾骨的方向.

7、 Let us next focus on the root chakra, which sits at the tailbone.

接下来让我们聚焦在位于尾骨的根部脉轮.

以上是简答网为您整理的tailbone怎么读的相关信息,希望对大家有所帮助。查看更多关于tailb

one的用法、tailbone的释义

、tailbone的相关详情请点击: <https://dict.jiandongshicai.cn/tailbone>