《数学差，怪“父母数学焦虑”？》

If the thought of a math test makes you break out in a cold sweat, Mom or Dad may be partly to blame.

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The researchers believe the link between parents’math anxiety and children’s math performance stems more from math attitudes than genetics.

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“Although it is possible that there is a genetic component to math anxiety,” the researchers wrote, “the fact that parents’ math anxiety negatively affected children only when they frequently helped them with math homework points to the need for interventions focused on both decreasing parents’ math anxiety and scaffolding their skills in homework help.”

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These tools might include math books, computer and traditional board games, or Internet apps that “allow parents to interact with their children around math in positive ways,” the researchers wrote.

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