《双语：商界精英的爱好如何助他们更成功》

The most successful people know how important it is to have interests and hobbies outside of their work lives.

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Some of these hobbies are useful and considered important networking tools, while others are more focused on personal development and pushing themselves. Some are purely thrill-seeking and allow people in high-stress jobs to forget about their day-to-day responsibilities.

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