《“袋鼠妈妈”怀抱比保温箱“暖”》

最近，“中科院大战北医三院”一事给广大网友又科普了一下“早产”、“先兆子痫”、“主动脉夹层”这些医学词汇。世界卫生组织报告显示，全球每年约有1500多万早产儿，其中中国每年早产儿出生率约为10%。目前，很多医院都使用暖箱来护理早产儿，但专家还是积极倡导“袋鼠式护理法”。

"Kangaroo Mother Care" (KMC) involves skin-to-skin contact between the baby's front and the "mother's" chest. This contact has improved the survival rate of premature babies. KMC has been widely used in the US, Japan and Europe, yet in China premature infants are often put in incubators from birth.

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To mimic the atmosphere of the womb, "kangaroo mothers" must sit still for a whole hour without going to the bathroom or breathing heavily.

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It's a 24-7 job, but night shifts are the most energy-consuming. Some babies can die of respiratory arrest in their sleep, so staff must be alert to give emergency treatment or go to the hospital.

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