

## 《中考英语作文范文2篇：我的课余时间》

中考英语作文是中考英语的重要环节，它不仅考验我们的英语表达能力，还考察我们的思维能力和文化素养。我们应该多背优秀的[中考英语作文范文](#)，不断提升自己的英语写作水平。



### 中考英语作文范文2篇：我的课余时间

范文一：

In my free time, I enjoy a variety of activities that help me grow physically, mentally, and academically.

Firstly, I participate in sports like basketball and soccer to keep myself fit and build up my strength. These activities not only help me stay active but also teach me the importance of teamwork and perseverance.

Secondly, I engage in entertainment activities such as watching movies and listening to music to relax my mind. These activities help me unwind and forget about the stress of daily life.

In conclusion, I believe it's important to balance different activities in our free time, such as sports, entertainment, helping with household chores, and extracurricular reading. This way, we can lead a well-rounded life and make the most of our free time.

在我的空闲时间里，我享受各种帮助我身体、心理和学术成长的活动。

首先，我参加篮球和足球等体育运动，以保持身体健康并增强体力。这些活动不仅让我保持活力，还教会了我团队合作和坚持不懈的重要性。

其次，我会参与一些娱乐活动，如看电影和听音乐，以放松心情。这些活动帮助我减压，让我忘记日常生活带来的压力。

总之，我相信在我们的空闲时间里平衡不同的活动，如体育运动、娱乐、家务劳动和课外阅读是非常重要的。这样，我们可以过上全面的生活，并充分利用我们的空闲时间。

范文二：

In my free time, I like to engage in various activities that contribute to my overall development.

Firstly, I participate in sports activities like badminton and swimming. These physical activities not only help me maintain a healthy body but also foster discipline and perseverance.

Secondly, I find relaxation and enjoyment in entertainment activities. Whether it's watching movies, listening to music, or playing board games, these activities provide a much-needed break from the routine and help me unwind.

Furthermore, I contribute to household chores and assist my parents. This not only helps them but also teaches me the value of responsibility and gratitude.

In conclusion, I believe it is important to balance different activities in our free time, such as sports, entertainment, helping with household chores, and extracurricular reading.

在我的空闲时间，我喜欢参与各种有助于我全面发展的活动。

首先，我参加羽毛球和游泳等体育活动。这些体育运动不仅帮助我保持健康的身体，还培养了我的纪律性和毅力。

其次，我在娱乐活动中找到放松和乐趣。无论是看电影、听音乐还是玩桌游，这些活动都为我提供了必要的放松时间，帮助我减压。

此外，我参与家务并为父母提供帮助。这不仅帮助他们，也教会了我责任感和感恩之心。

总之，我相信在我们的空闲时间平衡不同的活动，如体育运动、娱乐、家务劳动和课外阅读是很重要的。

