

《充满希望，乐观积极的“一月心情”》

俗话说，新年新迹象。在人们的观念里，随着新年的到来，周遭事物也跟着焕然一新，为我们带来希望和快乐。由于新年伊始是一月，这种乐观心理也因此得名“一月心情”。



January feeling refers to an emotional state characterized by feelings of optimism and possibility, particularly at the start of a new year.

“????”??

For example:

Is it just me or are you all looking forward to the end of 2015? Something about that fresh new January feeling — all things seem possible!

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There's another sense of this expression that means almost the opposite: An emotional state characterized by

feelings of melancholy and lethargy, particularly early in the year when the holidays are over and a long winter looms. But this sense is quite old, dating to at least the mid 1920s.

[illegible]

For example:

Anyone who wants to lose "that January feeling" and substitute for that exhilaration and reinforced vitality, I recommend to go to the Exhibition of Canadian Art, open at present at the City Art Gallery.

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