

《歌手猴西(Halsey)曝患重病：要涅槃重生》

最近，美国29岁的歌手猴西(Halsey)自曝同时患上了红斑狼疮和罕见的T细胞淋巴增生性疾病，这两种疾病都属于严重的免疫系统失调病症。她此前已面临过子宫内膜异位症、过敏性休克等多种健康挑战。

真是命途多舛!



01

On Wednesday, the singer and actor — who uses the pronouns she/they — revealed on Instagram that in 2022, they were “ first diagnosed with Lupus SLE and then a rare T-cell lymphoproliferative disorder. ”

周三，这位歌手兼演员(使用“她/她们”作为代词)在Instagram上透露，自己在2022年“首次被诊断为系统性红斑狼疮，随后又患上了一种罕见的T细胞淋巴增生性疾病。”

After stating that they were ready to share more about their health after a period of uncertainty, Halsey wrote, “ You ’ ve all been so kind so I want to share a bit more. ”

哈尔西在表示自己经过一段时间的犹豫后，已经准备好分享更多关于自己健康状况的信息后写道：“你们一直很善良，所以我想分享更多。”

They also wrote that both the lupus and lymphoproliferative disorder “ are currently being managed or in remission ” and that both “ I will likely have for the duration of my life. ”

她还写道，红斑狼疮和淋巴增生性疾病“目前都在控制之中或正在缓解”，而且“这两种病我可能会终身携带。”

Lupus is an autoimmune disease in which the body ’ s immune system attacks healthy cells leading to pain, fever, rashes, organ damage and other symptoms. T-cells are a type of immune cell, and lymphoproliferative disorders are conditions that cause the body to make uncontrolled amounts of white blood cells called lymphocytes.

红斑狼疮是一种自身免疫性疾病，患者的免疫系统会攻击健康细胞，导致疼痛、发热、皮疹、器官损伤和其他症状。T细胞是一种免疫细胞，而淋巴增生性疾病则是导致身体产生不受控制的白血球(称为淋巴细胞)的疾病。



“ After a rocky start, I slowly got everything under control with the help of amazing doctors, ” Halsey continued. “ After 2 years, I ’ m feeling better and I ’ m more grateful than ever to have music to turn to. ”

“ 在经历了一个艰难的开头后，在优秀医生的帮助下，我慢慢控制住了病情， ” 哈尔西继续说道， “ 两年后，我感觉好多了，我比以前任何时候都更加感激有音乐可以让我依靠。 ”

On Tuesday, fans of Halsey expressed their support after the singer posted a prior confessional, saying “ I ’ m lucky to be alive. ”

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猴西是一名美国歌手，名叫海尔希(Halsey)，她于1994年出生在美国新泽西州，2014年7月发布首支个人单曲《Ghost正式出道，其嗓音独特、富有才华，很快在音乐界崭露头角。

她与烟鬼组合合唱的《Closer》红遍全球，成为一代金曲。她还为电影《五十度黑》

献唱主题曲，并发行了多张录音室专辑。

尽管事业成功，猴西的生活并非一帆风顺。她曾意外流产并坚持完成演出，之后还经历了健康问题和感情挫折。但她坚韧不拔，最终在2021年迎来了自己的儿子。

但是，在生产之后，猴西的身体状况越来越差。

Halsey is ‘allergic to literally everything’ since giving birth and has been hospitalized multiple times. The message was accompanied by a series of short video clips, the first of which showed Halsey sitting down and continuously rubbing their legs.

自生产以来，哈尔西“对几乎所有东西都过敏”，并多次住院。这条消息还附带了一系列短视频片段，第一个片段显示哈尔西坐下来，不停地揉着自己的腿。

“ Seriously, seriously... like an old lady, ” the 29-year-old said in the video. “ I told myself I ’ m going to give myself two more years to be sick.

“ 说真的，说真的.....像个老太太一样， ” 这位29岁的女士在视频中说，“ 我告诉自己，我再给自己两年时间生病。

“ At 30 I ’ m having a rebirth and I ’ m not going to be sick and I ’ m going to look super-hot and have lots of energy and I ’ m just going to get to redo my 20s in my 30s. ”

“ 到了30岁，我要涅槃重生，我不会再生病，我要变得超级辣，充满能量，像20岁一样过我的30岁人生。 ”

不少粉丝表达了对猴西的钦佩和支持，希望她能早日回归舞台。

尽管命运不公，猴西还是坚持创作，并发布了新歌《The End》，歌曲中透露出对生命的感悟和对未来的希望。让我们一起为猴西加油，希望她能早日康复，继续用音乐征服世界！

重点词汇：

lupus SLE 系统性红斑狼疮(Lupus SLE)

t-cell lymphoproliferative disorder T细胞淋巴增殖性疾病

autoimmune disease 自身免疫性疾病

lymphocytes 淋巴细胞

allergic 过敏的

rebirth 重生

