

《中考英语阅读理解训练题20篇（含答案解析）》

中考英语内

容包括听力、阅读例句

、完型填空、写作等多个部分，其中，[中考英语阅读理解](#)

所占的比重是非常大的。想要在中考英语中拔得头筹，千万不要忽略阅读理解部分的训练。

中考英语阅读理解1：手机号码

Everyone has a phone number. Whether it is a mobile number or a landline number, phone numbers are essential for communication. With the advancement of technology, phone numbers have become even more important.

In today's world, phone numbers are not only used for making calls but also for sending messages, using social media, and even for online shopping. Phone numbers serve as a unique identifier for individuals and are used to verify identity and ensure security.

It is important to keep your phone number private and not share it with anyone unless necessary. Unauthorized access to your phone number can lead to harassment and even identity theft.

Questions:

1. What are phone numbers used for?

- A. Making calls and sending messages.
- B. Using social media and online shopping.
- C. Verifying identity and ensuring security.
- D. All of the above.

2. Why is it important to keep your phone number private?

- A. To prevent harassment.
- B. To avoid identity theft.
- C. To ensure better communication.

D. To protect your social media accounts.

3. according to the passage, phone numbers are unique identifiers for individuals.

A. True

B. False

4. Which of the following is not a reason why phone numbers are important?

A. Making calls

B. Sending messages

C. Playing games

D. Online shopping

5. What is the main idea of the passage?

A. The history of phone numbers.

B. The importance of phone numbers.

C. How to keep your phone number private.

D. The different types of phone numbers.

答案解析：

1. D。根据第二句"With the advancement of technology, phone numbers have become even more important."可知，电话号码不仅用于打电话和发短信，还用于使用社交媒体和在线购物，以及验证身份和确保安全，所以答案为D。

2. A, B。根据最后两句"It is important to keep your phone number private and not share it with anyone unless necessary. Unauthorized access to your phone number can lead to骚扰 and even identity theft."可知，保持电话号码私隐很重要，以防止骚扰和避免身份盗窃，所以答案为A, B。

3. A。根据文章内容，电话号码是个人独特的标识符，所以答案为A。

4. C。根据第二句"With the advancement of technology, phone numbers have become

even more important."可知，电话号码的重要性在于打电话、发短信、在线购物等方面，所以答案为C。

5. B。通过阅读全文，我们可以知道这篇文章的主要思想是电话号码的重要性，所以答案为B。

中考英语阅读理解2：调查报告

A recent survey was conducted among 100 teenagers aged 13-18 to investigate their habits and preferences. The results were quite interesting.

According to the survey, the majority of teenagers spend more than three hours a day on social media. More than 70% of them said that they check their phones every 30 minutes, even when they are sleeping.

When it comes to food preferences, fast food was the most popular choice among teenagers. More than 60% of the survey participants preferred fast food to other types of cuisine.

Regarding exercise, the survey revealed that only 20% of teenagers participate in sports or physical activities regularly. The rest either did not have time or had no interest in exercising.

The survey also showed that most teenagers prefer online learning to traditional classroom learning. They believed that online learning was more flexible and convenient.

Based on the survey results, it is clear that teenagers today have different habits and preferences compared to previous generations.

Questions :

1. What was the purpose of the survey?

A. To investigate teenage habits.

B. To sell mobile phones.

C. To promote healthy eating.

D. To study online learning.

2. How much time do teenagers spend on social media?

A. Less than one hour a day.

B. One to two hours a day.

C. More than three hours a day.

D. Four or more hours a day.

3. What is the favorite food of teenagers?

A. Fast food.

B. Vegetarian food.

C. Healthy food.

D. local cuisine.

4. How many teenagers participate in sports or physical activities regularly?

A. More than 80%.

B. Around 60%.

C. Less than 20%.

D. 50%.

5. What is the main idea of the survey report?

A. Teenagers prefer online learning.

B. Teenagers have different habits today.

C. Social media is bad for teenagers.

D. Teenagers do not like exercising.

答案解析：

1. A。根据第一句"A recent survey was conducted among 100 teenagers aged 13-18 to investigate their habits and preferences."可知，这次调查的目的是为了调查青少年的习惯和喜好，所以答案为A。

2. C。根据第二句"The majority of teenagers spend more than three hours a day on social media."可知，大多数青少年每天在社交媒体上花费超过三小时，所以答案为C。
3. A。根据第三句"When it comes to food preferences, fast food was the most popular choice among teenagers."可知，说到食物偏好，快餐是青少年中最受欢迎的选择，所以答案为A。
4. C。根据第四句"Regarding exercise, the survey revealed that only 20% of teenagers participate in sports or physical activities regularly."可知，关于锻炼，调查显示只有20%的青少年定期参加运动或体育活动，所以答案为C。
5. B。通过阅读全文，我们可以知道这篇调查报告的主要思想是今天的青少年有不同的习惯和偏好，所以答案为B。

中考英语阅读理解3：梦想

Since she was a child, Li Wei has always dreamed of becoming an astronaut. She was fascinated by the vastness of space and the mysteries it held. As she grew older, her passion for astronomy only intensified. She spent countless hours studying the stars and planets, and reading every book she could find on the subject.

Li Wei's parents were supportive of her dream, but they also wanted her to have a backup plan. "What will you do if you can't become an astronaut?" they would ask. Li Wei had a simple answer: "I'll become a teacher and share my love of space with others."

To prepare for her dream, Li Wei attended a prestigious university and majored in aerospace engineering. She excelled in her studies, earning top grades and participating in various research projects. After graduation, she applied to join the space program, fully aware that the competition was fierce.

To her delight, Li Wei was accepted into the program. She underwent rigorous training, enduring simulated space missions and grueling physical exams. through it all, she never lost her determination or her love for the stars.

Finally, the day came when Li Wei boarded a spaceship and embarked on her first mission. As she looked back at the Earth, she knew that her dream had come true. She was not just an astronaut; she was a representative of humanity, exploring the final frontier.

Questions:

1. What has Li Wei always dreamed of becoming?

A. A teacher

B. An astronomer

C. An astronaut

D. A writer

2. What was Li Wei's backup plan if she couldn't become an astronaut?

A. She would become a teacher.

B. She would work in a library.

C. She would study biology.

D. She would join the military.

3. What did Li Wei study in college?

A. Physics

B. Chemistry

C. Aerospace engineering

D. Mathematics

4. What helped Li Wei achieve her dream?

A. Her parents' support

B. Her good grades in school

C. Her participation in research projects

D. All of the above

5. How did Li Wei feel when she embarked on her first mission?

A. Nervous

B. Excited

C. Sad

D. Tired

答案解析：

本文讲述了一个名叫Li Wei的女孩，她从小就有成为宇航员的梦想，并为之努力学习和准备。她的父母虽然支持她的梦想，但也希望她有备选计划。Li Wei在大学学习了航空航天工程，并在毕业后申请加入了太空计划。经过严格的训练，她终于实现了自己的梦想，成为了宇航员。

1. 根据第一句“Since she was a child, Li Wei has always dreamed of becoming an astronaut.”，可知答案为C。

2. 根据第三句“To her delight, Li Wei was accepted into the program.”，可知答案为A。

3. 根据第四句“She attended a prestigious university and majored in aerospace engineering.”，可知答案为C。

4. 根据文中提到的Li Wei在大学的表现和她的准备工作，可知答案为D。

5. 根据最后一句“As she looked back at the Earth, she knew that her dream had come true.”，可知答案为B。

中考英语阅读理解4：新冠大流行

In late 2019, a new virus called COVID-19, which stands for Corona Virus disease 2019, began spreading around the world. This virus is caused by a member of the corona family, which also includes the severe acute respiratory syndrome (SARS) and Middle East respiratory syndrome (MERS) viruses.

The World Health organization (WHO) declared COVID-19 a pandemic on March 11, 2020, because the virus was spreading quickly and affecting many countries. The disease has affected people of all ages, but it has been particularly dangerous for older adults and those with underlying health conditions.

Symptoms of COVID-19 include fever, cough, shortness of breath, fatigue, and loss of taste or smell. In some cases, the virus can lead to more severe illness, such as pneumonia, and can be life-threatening.

To prevent the spread of COVID-19, it is important to practice good hygiene, such as washing hands frequently with soap and water, wearing masks in public places,

maintaining social distancing, and avoiding large gatherings. Governments around the world have also implemented lockdowns and travel restrictions to control the spread of the virus.

Vaccines have been developed to protect against COVID-19, and many countries have started vaccination campaigns to immunize their populations.

Questions:

1. What is the full name of the virus that causes COVID-19?
 - A. Corona Virus Disease 2019
 - B. Severe Acute Respiratory Syndrome Virus
 - C. Middle East Respiratory Syndrome Virus
 - D. Corona Virus
2. When did the World Health Organization declare COVID-19 a pandemic?
 - A. March 1, 2020
 - B. March 11, 2020
 - C. March 31, 2020
 - D. April 1, 2020
3. Which group of people has been most affected by COVID-19?
 - A. Younger adults
 - B. Older adults
 - C. Children
 - D. Athletes
4. What are some of the symptoms of COVID-19?
 - A. Fever, cough, and shortness of breath

- B. Fever, vomiting, and diarrhea
- C. Fever, fatigue, and loss of taste or smell
- D. Fever, headache, and sore throat
5. What is the best way to prevent the spread of COVID-19?
- A. Avoiding public places
- B. Wearing masks in public places
- C. Social distancing
- D. All of the above

答案解析：

本文介绍了新冠病毒(COVID-19)的基本信息，包括病毒的命名、世界卫生组织对其的分类、疫情的影响、症状、预防措施以及疫苗接种等。

1. 根据第一句 “In late 2019, a new virus called COVID-19...” 可知，答案为D。
2. 根据第二句 “...The World Health Organization (WHO) declared COVID-19 a pandemic on March 11, 2020...” 可知，答案为B。
3. 根据第三句 “...it has been particularly dangerous for older adults and those with underlying health conditions.” 可知，答案为B。
4. 根据第四句 “...Symptoms of COVID-19 include fever, cough, shortness of breath, fatigue, and loss of taste or smell...” 可知，答案为C。
5. 根据第五句 “...To prevent the spread of COVID-19, it is important to practice good hygiene, such as washing hands frequently with soap and water, wearing masks in public places, maintaining social distancing, and avoiding large gatherings...” 可知，答案为D。

中考英语阅读理解5：拥抱

Passage:

Hugging is a universal way to show affection and support. It is a physical act of embrace that can convey a range of emotions, from comfort and care to joy and love. The act of

hugging has been shown to have numerous benefits for both physical and mental health.

Hugs can help reduce stress and anxiety. When we hug someone, our bodies release oxytocin, a hormone that promotes feelings of trust and relaxation. This hormone helps to lower blood pressure and heart rate, resulting in a sense of calm and well-being.

Hugging also has a positive impact on our emotional health. It can boost our mood and self-esteem, as well as strengthen our relationships. A warm embrace can provide comfort during times of sadness or loss, and offer a sense of belonging and connection.

In addition to these emotional benefits, hugging can also have physical health benefits. It has been shown to reduce pain and improve healing. The pressure and warmth of a hug can help to soothe muscles and alleviate tension, promoting a sense of relaxation and comfort.

Questions:

1. What is the universal way to show affection and support?

- A. Laughing
- B. Hugging
- C. Dancing
- D. Singing

2. What hormone is released when we hug someone?

- A. Adrenaline
- B. Oxytocin
- C. Dopamine
- D. Serotonin

3. according to the passage, hugging can help to _____.

- A. Boost mood and self-esteem
- B. Strengthen relationships

C. Reduce stress and anxiety

D. All of the above

4. What is the physical health benefit of hugging?

A. Reduce pain

B. Improve healing

C. Boost immune system

D. All of the above

5. Which of the following is NOT a benefit of hugging?

A. Provide comfort during times of sadness or loss

B. Offer a sense of belonging and connection

C. Help with weight loss

D. Boost mood and self-esteem

答案解析：

本文介绍了拥抱这一表达情感和支持的普遍方式，及其对身心健康的好处。

1. 根据第一句"Hugging is a universal way to show affection and support."可知，答案为B。

2. 根据第二句"...our bodies release oxytocin, a hormone that promotes feelings of trust and relaxation."可知，答案为B。

3. 根据第二段的内容，可知拥抱可以帮助减少压力和焦虑，提升情绪和自尊，以及加强人际关系，所以答案为D。

4. 根据最后一段的内容，可知拥抱可以减轻疼痛、促进愈合，以及增强免疫系统，所以答案为D。

5. 文章中没有提到拥抱有助于减肥，所以答案为C。

中考英语阅读理解6：发明家诺贝尔

Alfred Nobel was a Swedish inventor and entrepreneur who is best known for creating dynamite and establishing the Nobel Prizes. Born in 1833, Nobel was originally trained as a chemist and engineer. He began his work with explosives in the 1860s and eventually invented dynamite in 1866, a more stable and powerful explosive than previous versions.

Nobel's dynamite revolutionized the mining and construction industries, but he became increasingly concerned about the destructive power of his inventions. He became a pacifist and worked to promote disarmament and peace. Nobel died in 1896 and left behind a fortune, which he used to establish the Nobel Prizes.

The Nobel Prizes are awarded annually in recognition of outstanding achievements in physics, chemistry, physics, literature, and peace. The first Nobel Prizes were awarded in 1901, and they have since become the most prestigious awards in their respective fields.

Questions:

1. What is Alfred Nobel best known for?
 - A. Inventing dynamite
 - B. Establishing the Nobel Prizes
 - C. Being a pacifist
 - D. All of the above
2. What year did Alfred Nobel invent dynamite?
 - A. 1866
 - B. 1860
 - C. 1863
 - D. 1865
3. Which industry did dynamite revolutionize?
 - A. Mining
 - B. Construction
 - C. Both A and B

D. None of the above

4. What was Alfred Nobel's concern about his inventions?

A. Their usefulness

B. Their profitability

C. Their destructive power

D. Their environmental impact

5. How many Nobel Prizes are awarded annually?

A. One

B. Two

C. Five

D. Six

答案解析：

本文介绍了阿尔弗雷德·诺贝尔的生平及其成就。他是瑞典的发明家和企业家，以发明炸药和设立诺贝尔奖而闻名。

1. 根据第一句"Alfred Nobel was a Swedish inventor and entrepreneur who is best known for creating dynamite and establishing the Nobel Prizes."可知，答案为D。

2. 根据句子"He began his work with explosives in the 1860s and eventually invented dynamite in 1866..."可知，答案为A。

3. 根据句子"Nobel's dynamite revolutionized the mining and construction industries..."可知，答案为C。

4. 根据句子"He became increasingly concerned about the destructive power of his inventions..."可知，答案为C。

5. 根据句子"The Nobel Prizes are awarded annually in recognition of outstanding achievements in physics, chemistry, physics, literature, and peace."可知，答案为C。

中考英语阅读理解7：搬家

Li Ming is preparing for a big move to a new house. He has spent several weeks packing up all his belongings. The living room is filled with boxes, and the furniture is covered with protective plastic wrap. Li Ming's parents are helping him with the move, and they have hired a team of movers to assist with the heavy lifting.

The moving day arrives, and the movers arrive at the house with a large truck. They carefully load all the furniture and boxes into the truck and secure them for the journey. Li Ming and his parents wave goodbye to their old home as the truck drives away.

After a few hours, they arrive at the new house. The movers begin to unload the truck and carry the furniture into the house. Li Ming and his parents are there to direct them to where each piece should go. The living room, bedroom, and kitchen are arranged first, and then the movers move on to the other rooms.

Once everything is inside, Li Ming and his parents start to unpack and organize their belongings. They sort through the boxes, unpacking the items and deciding where they will go in the new house. It takes several days to finish unpacking, but finally, everything is in its place.

Li Ming is excited about his new home. He can't wait to invite his friends over to explore the house and see his new room. He feels a sense of accomplishment as he looks around at his organized belongings.

Questions:

1. Why does Li Ming need to hire movers?

- A. He is moving to a different city.
- B. His parents are helping him with the move.
- C. He has too many belongings to move by himself.
- D. None of the above.

2. What helps are they using to move?

- A. A moving truck
- B. A van
- C. Both A and B

D. A car

3. What is the first thing they do when they arrive at the new house?

A. They unload the boxes.

B. They organize the items.

C. They decide where each item will go.

D. They rest and take a break.

4. How long does it take to finish unpacking?

A. A few hours

B. A few days

C. A few weeks

D. A few months

5. How does Li Ming feel about his new house?

A. Excited

B. Tired

C. Sad

D. Confused

答案解析：

1. 根据第三句"Li Ming's parents are helping him with the move, and they have hired a team of movers to assist with the heavy lifting."可知，Li Ming雇佣搬家公司是因为他需要帮助搬运大量的物品，所以答案为C。

2. 根据第二句"The moving day arrives, and the movers arrive at the house with a large truck."可知，他们使用了一辆大型搬家卡车，所以答案为A。

3. 根据第四句"Li Ming and his parents are there to direct them to where each piece should go."可知，他们首先决定每个物品在新家应该放置的位置，所以答案为C。

4. 根据最后一句"It takes several days to finish unpacking."可知, 他们花了几天时间才完成拆箱, 所以答案为B。

5. 根据倒数第二句"Li Ming is excited about his new home."可知, Li Ming对他的新家感到兴奋, 所以答案为A。

中考英语阅读理解8：领养宠物

Lucy is a 14-year-old girl who has always wanted a pet. Her parents, Mr. and Mrs. Thompson, have never been fans of animals, but they finally decide to give in to their daughter's wish. They decide to adopt a dog from the local animal shelter.

On their way to the shelter, Mr. Thompson says, "We need to find a dog that is gentle and friendly, as Lucy will be responsible for taking care of it." Mrs. Thompson agrees, "Yes, and we should also consider the dog's age and energy level, as we don't want to choose one that is too young or too old."

After arriving at the shelter, they meet with the manager, who introduces them to various dogs. The Thompsons fall in love with a golden retriever named Max. He is 3 years old and has a friendly personality. The manager tells them that Max has been at the shelter for a few months and is eager to find a forever home.

The Thompsons discuss the decision and decide to adopt Max. The manager provides them with information on how to care for the dog and the importance of regular veterinary check-ups. The family takes Max home, and Lucy is overjoyed. She spends the rest of the day playing with her new best friend.

Questions:

1. Why does Mr. Thompson mention the qualities they should look for in a dog?

- A. Because they want to find the youngest dog at the shelter.
- B. Because they want to ensure they make the right choice.
- C. Because they want to adopt a dog that is too young.
- D. Because they want to consider the dog's energy level.

2. What is the shelter manager's role in the story?

- A. She helps the Thompsons find the perfect pet.

- B. She sells the dogs to interested families.
- C. She provides care for the dogs until they are adopted.
- D. She decides which dogs should be adopted.

3. What is the Thompsons' daughter's name?

- A. Lucy
- B. Max
- C. Mrs. Thompson
- D. Mr. Thompson

4. How old is the dog the Thompsons decide to adopt?

- A. 14 years old
- B. 3 years old
- C. 5 years old
- D. 10 years old

5. What is the main idea of the passage?

- A. adopting a pet can be a rewarding experience
- B. shelters are a great place to find a pet
- C. parents should always give in to their children's wishes
- D. golden retrievers are the best type of dog to adopt

答案解析：

1. B - 因为汤普森一家想要确保他们做出正确的选择。文章中提到他们想要找一个温和友好的狗，这表明他们在寻找一个合适的宠物，因此讨论了应该考虑的品质。

2. A - 收容所经理在故事中的角色是帮助汤普森一家找到完美的宠物。文章中提到经理向他们介绍了不同的狗，并提供了如何照顾狗的信息，这表明她在帮助他们在收容

所中找到合适的宠物。

3. A - 汤普森的女儿的名字是Lucy。文章开头就提到了“Lucy is a 14-year-old girl...”，因此这是正确的答案。

4. B - 汤普森一家决定领养的狗年龄是3岁。文章中提到“...a golden retriever named Max. He is 3 years old...”，因此这是正确的答案。

5. A - 文章的主要观点是领养宠物可以是一种有回报的经历。整个故事都围绕着汤普森一家决定领养宠物，以及他们如何适应新宠物展开，强调了领养宠物带来的快乐和满足感。

中考英语阅读理解9：懒惰的儿子

In the countryside, there is an old farmer. He has a son, and the son is very lazy. He never helps his father with farm work. Instead, he spends his time playing with his friends.

One day, the father decides to teach his son a lesson. He tells his son, "I want you to plant a tree for me." The son agrees and plants a seed. The father tells him, "You need to take care of it every day. Water it, fertilize it, and protect it from insects."

The son is lazy, but he knows he must obey his father. So, he waters the plant every day. After a few weeks, the seed grows into a small tree. The father is pleased and says, "Good job, my son. You have learned the importance of hard work."

From then on, the son becomes hardworking. He helps his father with farm work and learns the value of hard work.

Questions:

1. What is the son's problem?

A. He is too lazy to work.

B. He is too lazy to study.

C. He is too lazy to play with friends.

D. He is too lazy to listen to his father.

2. Why does the father ask his son to plant a tree?

- A. Because he wants to teach his son to plant trees.
- B. Because he wants his son to learn the importance of hard work.
- C. Because he wants his son to spend time alone.
- D. Because he wants his son to make money.
3. How does the son feel about planting the tree?
- A. He is excited to plant the tree.
- B. He is lazy to plant the tree.
- C. He is curious about planting the tree.
- D. He is angry about planting the tree.
4. What does the father say to his son after the tree grows?
- A. "You are a lazy boy."
- B. "Good job, my son. You have learned the importance of hard work."
- C. "You should have listened to me."
- D. "I am disappointed in you."
5. What does the son learn from the experience?
- A. He learns the importance of playing with friends.
- B. He learns the importance of hard work.
- C. He learns the importance of listening to his father.
- D. He learns the importance of spending time alone.

答案解析：

1. A - 他太懒了，不愿工作。文章开头就提到儿子很懒，不愿意帮助父亲做农活。
2. B - 因为他想让儿子学会努力工作的重要性。父亲让儿子种树是为了教育他，通过

照顾树木的过程让他体会到努力工作的价值。

3. B - 他懒惰地种植树木。文章中提到儿子虽然懒惰，但为了遵从父亲的话，他还是每天浇水。

4. B - “干得好，我的儿子。你已经学会了努力工作的重要性。”父亲对儿子能够坚持照顾树木并看到成果感到高兴。

5. B - 他学会了努力工作的重要性。通过这次经历，儿子认识到了努力工作的价值，并从此变得勤快起来。

中考英语阅读理解10：迁徙

Every year, millions of birds migrate across the world. They travel long distances to find food and nest in different places. migration is a fascinating process to watch and study.

One of the most well-known migrations is the journey of the monarch butterfly. These beautiful insects travel from Canada and the United States to Mexico each winter. They cover thousands of miles to reach their destination.

The migration of the humpback whales is also incredible. These large marine mammals travel from Antarctica to tropical waters to breed and give birth. They swim thousands of miles to find the perfect environment for their young.

The reasons for migration vary among different species. Some birds and animals migrate to find food, while others move to escape harsh weather conditions. Some species migrate to avoid predators or to find a suitable mate.

Migration is a complex process that requires a lot of energy and determination. These animals and insects have evolved special behaviors and physical adaptations to help them survive the journey. For example, birds migrating across the ocean may float on the water and use the moon and stars for navigation.

Scientists study migration to understand how animals and insects are affected by changes in their environment. By learning about migration, we can better protect these incredible creatures and their habitats.

Questions:

1. What is the main idea of this passage?

A. Migrating animals and insects are fascinating to watch.

- B. Migration is a complex process that requires a lot of energy.
- C. Millions of birds migrate every year to find food and nest.
- D. Scientists study migration to protect incredible creatures.

2. Why do birds and animals migrate?

- A. To find food and nest in different places.
- B. To escape harsh weather conditions.
- C. To avoid predators and find a suitable mate.
- D. All of the above.

3. What is the journey of the monarch butterfly an example of?

- A. Bird migration.
- B. Insect migration.
- C. Whale migration.
- D. None of the above.

4. How do birds migrating across the ocean survive the journey?

- A. They float on the water and use the sun for navigation.
- B. They float on the water and use the moon and stars for navigation.
- C. They swim continuously and avoid predators.
- D. They form groups and follow other birds.

5. Why do scientists study migration?

- A. To understand how animals and insects are affected by changes in their environment.
- B. To learn about the behaviors and physical adaptations of migrating creatures.
- C. To protect the habitats of migrating animals and insects.

D. All of the above.

答案解析：

1. D - 科学家研究迁徙以保护这些令人惊叹的生物。文章最后一句提到，通过学习迁徙，我们可以更好地保护这些生物和它们的栖息地。
2. D - 鸟和动物迁徙是为了找到食物和栖息地，逃避恶劣的天气条件，避免捕食者，找到合适的伴侣等。
3. B - 帝王蝶的迁徙是昆虫迁徙的例子。文章中提到，帝王蝶每年从加拿大和美国迁徙到墨西哥。
4. B - 鸟类迁徙穿越大洋时，他们漂浮在水上，使用月亮和星星进行导航。文章中提到，鸟类使用月亮和星星来帮助他们在大洋上导航。
5. D - 科学家研究迁徙的原因包括了解动物和昆虫如何受到环境变化的影响，学习迁徙生物的行为和生理适应，以及保护迁徙动物和昆虫的栖息地。

中考英语阅读理解11：心理防疫

The COVID-19 pandemic has brought about not only a physical health crisis but also a psychological one. mental health has become a significant concern for people around the world. To address this issue, it is essential to understand and practice mental health prevention, also known as psychological prevention.

Psychological prevention refers to the measures taken to protect individuals from experiencing negative psychological effects during a pandemic or any other crisis. It involves maintaining good mental health, reducing stress, anxiety, and fear, and promoting resilience.

There are several ways to practice psychological prevention. Firstly, maintaining a healthy lifestyle is crucial. This includes eating a balanced diet, getting regular exercise, and ensuring enough sleep. Secondly, staying connected with family and friends is essential. Even though physical distancing may be necessary, we can still keep in touch through phone calls, video chats, and social media. Thirdly, setting a routine can help us stay structured and focused. This includes setting a schedule for work, study, and leisure activities. Fourthly, it is important to limit exposure to news and social media that may cause anxiety and fear. Lastly, practicing mindfulness and relaxation techniques, such as deep breathing and meditation, can help reduce stress and anxiety.

In conclusion, psychological prevention is an essential aspect of maintaining good mental health during a pandemic. By practicing these measures, we can protect ourselves

and others from the negative psychological effects of COVID-19.

Questions:

1. What is the main idea of this passage?
 - A. The importance of physical health during a pandemic
 - B. The impact of COVID-19 on mental health
 - C. The concept and measures of psychological prevention
 - D. The role of social media in psychological prevention
2. Which of the following is NOT a way to practice psychological prevention?
 - A. Eating a balanced diet
 - B. Limiting exposure to news
 - C. Staying connected with family and friends
 - D. Watching TV for hours every day
3. Why is setting a routine important during a pandemic?
 - A. It helps us stay structured and focused.
 - B. It makes us feel lonely and isolated.
 - C. It causes stress and anxiety.
 - D. It prevents us from getting enough sleep.
4. according to the passage, what can help reduce stress and anxiety?
 - A. Eating junk food
 - B. Practicing mindfulness
 - C. Staying up late at night
 - D. Avoiding physical exercise

5. Which of the following statements is TRUE according to the passage?

- A. Psychological prevention is only important for individuals with pre-existing mental health conditions.
- B. Physical distancing is not necessary during a pandemic.
- C. Social media can have a positive impact on mental health if used in moderation.
- D. The pandemic has had no effect on people's mental health.

答案解析：

1. 本题为主旨大意题。文章首段最后一句 “To address this issue, it is essential to understand and practice mental health prevention, also known as psychological prevention.” 提出了心理防疫这一概念，接下来详细介绍了什么是心理防疫以及如何心理防疫，因此选C。
2. 本题考查细节理解。根据文章第三段的内容，A、B、C选项都是文章中提到的心理防疫的方法，而D选项 “每天看电视数小时” 显然不是心理防疫的方法，所以选D。
3. 本题考查细节理解。根据文章第三段的内容， “Thirdly, setting a routine can help us stay structured and focused.” 可知，设定日常生活规律可以帮助我们保持结构和专注，所以选A。
4. 本题考查细节理解。根据文章第三段的内容， “Lastly, practicing mindfulness and relaxation techniques, such as deep breathing and meditation, can help reduce stress and anxiety.” 可知，练习正念和放松技巧，如深呼吸和冥想，可以帮助减轻压力和焦虑，所以选B。
5. 本题考查事实判断。根据文章的内容，A选项 “心理防疫只对有既往精神健康问题的人重要” 和B选项 “在疫情期间不需要保持社交距离” 都与文章内容相悖，D选项 “疫情对人们的心理健康没有影响” 也是错误的，只有C选项 “适度使用社交媒体可以对心理健康产生积极影响” 与文章内容相符，所以选C。

中考英语阅读理解12：疫情延迟开学

Due to the ongoing COVID-19 pandemic, schools worldwide have had to postpone the start of the new academic year. This delay has had a significant impact on students, teachers, and parents alike. While it is crucial to prioritize public health, the extended school closure has raised concerns about the potential educational gap and the challenges of remote learning.

Remote learning has become the new normal, with students attending classes online. However, this shift to virtual classrooms has not been without its challenges. Many students face difficulties adapting to this new mode of learning, as they miss the personal interaction and support that traditional classrooms offer. Additionally, the lack of access to reliable internet connections and necessary technology has further exacerbated the learning gap among students from different socioeconomic backgrounds.

Teachers, too, have had to quickly adapt to this new way of teaching. They have had to learn new technology and find innovative ways to engage students in virtual classrooms. Despite their best efforts, some teachers have found it challenging to replicate the same level of interaction and hands-on learning that they could provide in a physical classroom setting.

Parents have also had to adjust to this new reality. Many have had to balance working from home while helping their children with their schoolwork. This has been particularly challenging for parents who are not familiar with the subjects being taught or who have limited resources at home.

The pandemic has highlighted the importance of schools in not only providing education but also in supporting the social and emotional development of students. The school environment offers a sense of routine, structure, and community that is difficult to replicate through remote learning.

In conclusion, while the postponement of school openings is necessary to protect public health, it has presented significant challenges for students, teachers, and parents. It is important for educational institutions, policymakers, and communities to work together to find solutions to bridge the educational gap and provide support to all students during these unprecedented times.

Questions:

1. What is the main idea of this passage?
 - A. The impact of remote learning on students
 - B. The challenges of school closures due to the pandemic
 - C. The importance of schools in students' lives
 - D. The effectiveness of online classes during the pandemic
2. Which group has faced the most challenges due to school closures?

A. Students

B. Teachers

C. Parents

D. All of the above

3. What has been a major challenge for students in remote learning?

A. Lack of access to technology

B. difficulty in adapting to online classes

C. Inadequate internet connectivity

D. All of the above

4. Why have schools been important for students during the pandemic?

A. They provide a sense of routine and structure.

B. They offer socialization opportunities.

C. They support students' emotional development.

D. All of the above

5. What is the author's opinion about the postponement of school openings?

A. It is unnecessary and causes more harm than good.

B. It is necessary but presents significant challenges.

C. It is beneficial as it promotes online learning.

D. The author does not express an opinion.

答案解析：

1. 本题为主旨大意题。文章首段提出了疫情导致学校推迟开学的情况，接下来详细讨论了这一决定对学生、教师和家长的影响，以及远程学习带来的挑战，因此选B。

2. 本题考查细节理解。根据文章内容，学生、教师和家长都面临了挑战，学生缺少互动和支持，教师需要适应新的教学模式，家长要平衡工作和帮助孩子学习，所以选D。

3. 本题考查细节理解。根据文章内容，学生在远程学习中面临了技术适应困难、缺乏可靠互联网连接和必要技术的挑战，因此选D。

4. 本题考查细节理解。根据文章内容，学校对学生来说不仅提供教育，还支持他们的社交和情感发展，提供了一种日常生活的规律性和结构感，因此选D。

5. 本题考查作者观点。根据文章最后一段，“In conclusion, while the postponement of school openings is necessary to protect public health, it has presented significant challenges for students, teachers, and parents.”可知，作者认为推迟开学是必要的，但带来了重大挑战，因此选B。

中考英语阅读理解13：全球公共卫生事件

Global public health events, such as the COVID-19 pandemic, have highlighted the importance of international cooperation in addressing health crises. Pandemics and other health emergencies do not recognize borders, and therefore require a unified, global response. The World Health organization (WHO) plays a crucial role in coordinating this response and providing guidance to countries around the world.

During the COVID-19 pandemic, the WHO provided countries with information about the virus, how it spreads, and how to prevent its transmission. The organization also offered guidance on healthcare policies and practices, and facilitated the distribution of medical supplies to areas in need. Additionally, the WHO has been involved in the development and distribution of vaccines, which are essential in controlling the spread of the virus.

However, global public health events also expose the inequalities in healthcare systems around the world. While some countries have the resources to respond effectively to health emergencies, others do not. This inequality can lead to higher mortality rates and greater suffering in countries with weaker healthcare systems. It is therefore essential that the international community works together to support these countries and ensure that everyone has access to the healthcare they need.

Global public health events also have economic and social consequences. Lockdowns and other measures to prevent the spread of disease can lead to job losses and business closures, impacting the global economy. The social isolation and stress caused by these events can also have a negative impact on mental health.

In conclusion, global public health events require a unified, international response. By

working together, we can prevent the spread of disease, reduce inequalities in healthcare, and mitigate the economic and social impact of health emergencies.

Questions:

1. What is the main idea of this passage?

- A. The role of the World Health Organization in global health crises
- B. The impact of the COVID-19 pandemic on global health
- C. The importance of international cooperation in addressing health emergencies
- D. The economic and social consequences of global public health events

2. What organization plays a crucial role in coordinating the global response to health crises?

- A. The United Nations
- B. The World Health Organization
- C. The Red Cross
- D. The World Bank

3. Which of the following is NOT a role of the World Health Organization during the COVID-19 pandemic?

- A. Providing information about the virus
- B. Offering guidance on healthcare policies
- C. Developing and distributing vaccines
- D. Enforcing lockdowns in countries

4. What is one of the economic consequences of global public health events?

- A. Job losses and business closures
- B. Increased international trade

C. Higher government revenues

D. Improved infrastructure

5. according to the passage, what is one of the social consequences of global public health events?

A. Improved air quality

B. Higher education enrollment rates

C. Increased social isolation and stress

D. More funding for healthcare systems

答案解析：

1. 本题为主旨大意题。文章首段提出了全球公共卫生事件需要国际合作的重要性，接下来详细讨论了世界卫生组织在协调全球应对健康危机中的作用，以及全球公共卫生事件对健康、经济和社会的影响，因此选C。

2. 本题考查细节理解。根据文章内容，“The World Health Organization (WHO) plays a crucial role in coordinating this response and providing guidance to countries around the world.”可知，世界卫生组织在协调全球应对健康危机中起着关键作用，因此选B。

3. 本题考查细节理解。根据文章内容，世界卫生组织在COVID-19大流行期间提供了关于病毒的信息、医疗保健政策的指导，并参与了疫苗的发展和分配，但并未提及执行国家的封锁措施，因此选D。

4. 本题考查细节理解。根据文章内容，“Lockdowns and other measures to prevent the spread of disease can lead to job losses and business closures, impacting the global economy.”可知，为防止疾病传播而采取的封锁等措施可能导致失业和商业关闭，影响全球经济，因此选A。

5. 本题考查细节理解。根据文章内容，“The social isolation and stress caused by these events can also have a negative impact on mental health.”可知，这些事件导致的社会隔离和压力也可能对心理健康产生负面影响，因此选C。

中考英语阅读理解14：旅游

Traveling is a wonderful activity that allows us to explore new places, experience different cultures, and create lasting memories. Whether it's a short trip to a nearby town

or a long journey to a foreign country, traveling always brings excitement and joy.

One of the greatest benefits of traveling is the opportunity to learn about different cultures. When we visit a new place, we can observe the local customs, try traditional foods, and learn about the history and landmarks. This not only broadens our knowledge but also fosters tolerance and understanding.

Traveling also provides a break from our daily routines, allowing us to relax and rejuvenate. It gives us a chance to escape the stress of work and personal responsibilities, and to enjoy some quality time with family and friends. Additionally, experiencing new environments and activities can boost our creativity and provide a fresh perspective on life.

However, traveling also comes with its challenges. It can be expensive, and planning a trip can be time-consuming and stressful. There might be language barriers, cultural misunderstandings, or even health risks in certain destinations. It is important to be well-prepared and research the place we intend to visit, in order to have a safe and enjoyable trip.

In conclusion, traveling is a valuable experience that enriches our lives. It allows us to learn, relax, and grow as individuals. Despite the challenges, the benefits of traveling far outweigh the drawbacks, making it an activity worth pursuing.

Questions:

1. What is the main idea of this passage?
 - A. The benefits of traveling
 - B. The challenges of traveling
 - C. The importance of cultural exchange
 - D. The best travel destinations
2. Which of the following is NOT mentioned as a benefit of traveling?
 - A. Learning about different cultures
 - B. Boosting creativity
 - C. Making money

D. relaxing and rejuvenating

3. according to the passage, what is one of the challenges of traveling?

A. Language barriers

B. Making new friends

C. Trying new foods

D. Taking a break from work

4. Why is it important to research a destination before traveling?

A. To find the best deals

B. To avoid cultural misunderstandings

C. To plan an itinerary

D. All of the above

5. What is the author's opinion about traveling?

A. It is overrated and not worth the effort.

B. It is a valuable experience that enriches our lives.

C. It is only for those who can afford it.

D. The author does not express an opinion.

答案解析：

1. 本题为主旨大意题。文章首段提出了旅游是一种让我们探索新地方、体验不同文化和创造持久记忆的奇妙活动，接下来详细讨论了旅游的益处，如学习不同文化、放松身心、提升创造力等，因此选A。

2. 本题考查细节理解。根据文章内容，学习不同文化、提升创造力、放松身心都是旅游的好处，而赚钱并没有被提及，因此选C。

3. 本题考查细节理解。根据文章内容，“There might be language barriers, cultural misunderstandings, or even health risks in certain

destinations.”可知，语言障碍是旅游中的一个挑战，因此选A。

4. 本题考查推理判断。根据文章内容，研究目的地可以帮助我们避免文化误解、规划行程、找到最佳交易，因此选D。

5. 本题考查作者观点。根据文章最后一段，“In conclusion, traveling is a valuable experience that enriches our lives.”可知，作者认为旅游是一种有价值的经历，丰富了我们的生活，因此选B。

中考英语阅读理解15：代沟

In modern society, generation gap is a common phenomenon. It refers to the differences in values, attitudes, and opinions between different generations. These differences often lead to misunderstandings, conflicts, and even arguments between parents and children.

One of the main reasons for the generation gap is the rapid development of technology. With the advent of the internet and social media, younger generations have been exposed to a completely different world compared to their parents. They have access to a vast amount of information and are more open-minded and independent. On the other hand, parents who grew up in a different era may find it hard to accept and understand the new ideas and values of their children.

Another reason for the generation gap is the changing social norms. As time goes by, people's views on marriage, career, and lifestyle have evolved. Parents may have different expectations for their children compared to their own parents had for them. This can lead to disagreements and conflicts when it comes to important life decisions.

To bridge the generation gap, communication is essential. Both parents and children should make an effort to understand and respect each other's views. It is important to have open and honest conversations, and to listen to each other's opinions without judgment.

In conclusion, the generation gap is a natural occurrence in any society. It is important for parents and children to acknowledge these differences and work together to find common ground. By doing so, they can build a stronger and more harmonious relationship.

Questions:

1. What is the generation gap?

A. The differences in education between generations.

-
- B. The differences in technology between generations.
- C. The differences in values and attitudes between generations.
- D. The differences in lifestyle between generations.
2. What is the main reason for the generation gap?
- A. The rapid development of technology.
- B. The slow development of technology.
- C. The unchanged social norms.
- D. The differences in education between generations.
3. according to the passage, what may lead to misunderstandings and conflicts between parents and children?
- A. The rapid development of technology.
- B. The unchanged social norms.
- C. The differences in education between generations.
- D. The similarities in values and attitudes between generations.
4. What is the author's suggestion to bridge the generation gap?
- A. Parents and children should have open and honest conversations.
- B. Parents and children should respect each other's views.
- C. Parents should have more control over their children's lives.
- D. Children should follow their parents' advice without question.
5. Which of the following is TRUE according to the passage?
- A. The generation gap is not a natural occurrence in any society.
- B. It is impossible to bridge the generation gap.

C. Parents and children should not communicate with each other.

D. Both parents and children should make an effort to understand and respect each other's views.

答案解析：

1. 问题要求定义代沟。根据文章第一段，“代沟是指不同代际之间在价值观、态度和观点上的差异”，因此正确答案是C。

2. 问题询问代沟产生的主要原因。文章第二段指出，“代沟的主要原因是科技的快速发展”，因此正确答案是A。

3. 问题询问可能导致父母和孩子之间误解和冲突的因素。文章第二段提到了科技的发展，这是导致代沟的原因之一，因此正确答案是A。

4. 问题要求提出作者建议以缩小代沟。文章最后一段建议，“沟通是弥合代沟的关键，父母和孩子都应该努力理解并尊重对方的观点”，因此正确答案是A和B。

5. 问题要求判断哪个陈述是根据文章内容正确的。文章最后一段强调了沟通和理解的重要性，因此正确答案是D。

中考英语阅读理解16：报警

One day, Mr. Smith was at home alone when he suddenly heard a loud noise from the living room. He was worried that something might be wrong, so he decided to investigate.

As he entered the living room, Mr. Smith saw that the window was broken and some expensive items were missing. He realized that his house had been robbed. Mr. Smith was very scared and decided to call the police immediately.

He dialed the emergency number 110 and a police officer answered the phone. Mr. Smith explained the situation to the officer and told him about the broken window and the stolen items. The police officer asked Mr. Smith for his address and promised to send officers to his house right away.

Shortly after, two police officers arrived at Mr. Smith's house. They examined the broken window and the missing items. The officers then asked Mr. Smith some questions to find out more about the robbery.

After gathering all the information, the police officers said they would investigate the case and do their best to catch the thieves. They also advised Mr. Smith to take some

precautions to prevent future break-ins.

Mr. Smith felt relieved that he had called the police and was grateful for their help. He knew that he could count on the police to keep him safe.

Questions:

1. What did Mr. Smith hear when he was at home alone?
 - A. A loud noise from the living room.
 - B. A knock on the door.
 - C. Someone calling his name.
 - D. The phone ringing.
2. What did Mr. Smith realize when he entered the living room?
 - A. His house had been robbed.
 - B. The window was broken.
 - C. Some expensive items were missing.
 - D. All of the above.
3. What did Mr. Smith do when he realized his house had been robbed?
 - A. He called a friend.
 - B. He called the police.
 - C. He cleaned up the mess.
 - D. He locked the door.
4. according to the passage, what should people do if they are victims of a crime?
 - A. Hide and wait for the police to come.
 - B. Call a friend for help.

- C. immediately call the emergency number 110.
- D. Clean up the scene before the police arrive.
5. Why did Mr. Smith feel relieved after the police officers arrived?
- A. Because he knew the thieves would be caught.
- B. Because the police officers were his friends.
- C. Because he felt safer with the police officers there.
- D. Because he had called the fire department instead of the police.

答案解析：

1. 问题询问Mr. Smith在家独自一人时听到了什么。根据文章第一段，“One day, Mr. Smith was at home alone when he suddenly heard a loud noise from the living room”，可知正确答案是A。
2. 问题询问Mr. Smith进入客厅后意识到了什么。根据文章第二段，“As he entered the living room, Mr. Smith saw that the window was broken and some expensive items were missing”，可知正确答案是D。
3. 问题询问Mr. Smith在意识到他的房子被抢劫后做了什么。根据文章第三段，“Mr. Smith was very scared and decided to call the police immediately”，可知正确答案是B。
4. 问题询问如果人们成为犯罪的受害者应该做什么。根据文章第四段，“Mr. Smith dialed the emergency number 110 and a police officer answered the phone”，可知正确答案是C。
5. 问题询问警察 officers 到达后，为什么 Mr. Smith 感到安心。根据文章最后一段，“Mr. Smith felt relieved that he had called the police and was grateful for their help”，可知正确答案是C。

中考英语阅读理解17：乡村变化

In the past, villages were places where people lived a simple life. They worked on farms and lived off the land. The houses were made of mud and straw, and they did not have electricity or running water.

However, in recent years, many villages have changed a lot. New houses have been built,

and they are made of brick and concrete. More importantly, villages now have electricity, piped water, and even internet connections.

The changes in villages have also affected the way people live. Now, instead of working on their farms, many people in villages have jobs in factories or cities. They earn more money and can buy more things, such as TVs, smartphones, and cars.

Villages are no longer quiet and peaceful places. With the arrival of cars and motorbikes, there is more noise and pollution. Also, many traditional customs and festivals are being forgotten.

Despite the changes, some people still prefer the simple life in the countryside. They enjoy the fresh air, the beautiful scenery, and the relaxed pace of life.

Questions:

1. What kind of houses did people live in in the past?
 - A. Brick and concrete houses.
 - B. Mud and straw houses.
 - C. Wooden houses.
 - D. Concrete and steel houses.
2. What are the main differences between villages in the past and villages now?
 - A. Houses are bigger and better.
 - B. People are poorer and less educated.
 - C. There are more modern facilities.
 - D. People live in cities instead of villages.
3. What jobs do people in villages have now?
 - A. They work on farms.
 - B. They work in factories or cities.
 - C. They work in offices.

D. They are teachers or doctors.

4. What are some negative effects of the changes in villages?

A. More noise and pollution.

B. Less fresh air and beautiful scenery.

C. More traditional customs and festivals.

D. Faster internet connections.

5. according to the passage, what do some people prefer in the countryside?

A. The noisy and polluted environment.

B. The modern facilities and fast-paced life.

C. The simple and relaxed lifestyle.

D. The expensive houses and cars.

答案解析：

1. 问题询问过去人们住在什么样的房子里。根据文章第二段，“The houses were made of mud and straw”，可知正确答案是B。

2. 问题询问过去和现在村庄的主要区别。根据文章第三段，“New houses have been built, and they are made of brick and concrete. More importantly, villages now have electricity, piped water, and even internet connections”，可知正确答案是C。

3. 问题询问现在村庄里的人们有什么工作。根据文章第四段，“Now, instead of working on their farms, many people in villages have jobs in factories or cities”，可知正确答案是B。

4. 问题询问变化的负面影响。根据文章第五段，“With the arrival of cars and motorbikes, there is more noise and pollution”，可知正确答案是A。

5. 问题询问一些人仍然喜欢乡村的什么。根据文章最后一段，“Despite the changes, some people still prefer the simple life in the countryside. They enjoy the fresh air, the beautiful scenery, and the relaxed pace of life”，可知正确答案是C。

中考英语阅读理解18：一百元的价值

In China, one hundred yuan is a common bill that we often use in our daily life. However, the value of one hundred yuan is not only the money itself, but also the things it can buy.

One day, my mother gave me one hundred yuan and asked me to buy some groceries. I was excited to take the money and went to the market. I started to look for the things on the list my mother gave me. After a few minutes, I realized that I had spent more than one hundred yuan, but I still had not bought everything on the list.

Another time, I received one hundred yuan as a gift for my birthday. I decided to save it for a rainy day. Months later, when I needed some money, I found that the one hundred yuan had become less valuable. The price of the things I wanted to buy had gone up, but my one hundred yuan had not increased at all.

These experiences taught me the importance of the value of money. One hundred yuan is not just a piece of paper, but a certain amount of value that can be used to buy things. However, the value of money can change over time, so we need to use it wisely and save it carefully.

Questions:

1. What is the main idea of this passage?

A. One hundred yuan is a common bill in China.

B. One hundred yuan can buy many things.

C. The value of one hundred yuan is not only the money itself, but also the things it can buy.

D. One hundred yuan is the most valuable money.

2. Why did the writer spend more than one hundred yuan when buying groceries?

A. Because the writer is careless.

B. Because the writer likes to buy expensive things.

C. Because the price of the things is too high.

D. Because the writer did not have a list.

3. What did the writer decide to do with the one hundred yuan received as a gift?

- A. To spend it on food.
 - B. To save it for a rainy day.
 - C. To give it to a friend.
 - D. To buy a new phone.
4. What did the writer learn from the experiences?
- A. The value of one hundred yuan is fixed.
 - B. One hundred yuan is enough for everything.
 - C. The importance of the value of money.
 - D. The value of one hundred yuan is decreasing.
5. Which of the following is TRUE according to the passage?
- A. The writer spent less than one hundred yuan when buying groceries.
 - B. The writer spent more than one hundred yuan because the price of the things is too high.
 - C. The writer saved the one hundred yuan for a rainy day, and it increased in value over time.
 - D. One hundred yuan is the most valuable money in the world.

答案解析：

1. C - 本文的主旨在于阐述一百元的价值不仅仅在于其本身的面值，还包括它能买到的东西。文章通过作者的实际经历来展示这一点，因此选项C正确。
2. C - 根据文章内容，作者在买东西时花超了一百元，是因为商品的价格太高，而不是因为作者粗心或者喜欢买昂贵的东西。选项C正确。
3. B - 文章中提到作者决定把收到的一百元作为礼物存起来，以备不时之需。因此，选项B正确。
4. C - 文章最后一段提到，这些经历教会了作者货币价值的重要性，以及需要明智地使用和谨慎地保存钱。因此，选项C正确。

5. B - 根据文章内容，作者在市场上购物时发现，一百元并未能买到清单上的所有东西，这是因为商品的价格上升，而钱的价值没有变化。因此，选项B正确。选项A、C和D都与文章内容不符。

中考英语阅读理解19：网络瘾君子

In today's digital age, more and more people are becoming addicted to the internet. They spend hours online, often ignoring their real-life responsibilities and relationships. These people are commonly known as "internet addicts".

One common sign of internet addiction is spending excessive amounts of time online. This can lead to neglecting work, school, or family life. For example, a student might spend all night playing online games instead of studying for an exam.

Another sign is becoming overly dependent on the internet for entertainment or relief from stress. People might spend hours on social media, watching videos, or playing games, even if they know they have other important things to do.

Internet addiction can have serious consequences. It can affect a person's mental and physical health, as well as their social life. For example, excessive screen time can lead to eye strain, sleep deprivation, and even depression.

Fortunately, there are ways to overcome internet addiction. One approach is to set limits on internet usage. For example, a person might decide to only spend a certain amount of time online each day. Another approach is to find alternative activities to replace online time, such as exercising, reading, or spending time with friends and family.

In conclusion, internet addiction is a serious problem that can have negative impacts on all aspects of a person's life. It is important to recognize the signs and take steps to overcome the addiction.

Questions:

1. What is the main idea of this passage?
 - A. The dangers of excessive internet use.
 - B. How to recognize the signs of internet addiction.
 - C. The consequences of being an internet addict.
 - D. Ways to overcome internet addiction.

2. according to the passage, what is one sign of internet addiction?

- A. Spending time online during breaks.
- B. Needing the internet for work or school.
- C. Neglecting real-life responsibilities.
- D. Using the internet to communicate with friends.

3. What can be the consequences of internet addiction?

- A. Mental and physical health problems.
- B. financial difficulties.
- C. relationship problems.
- D. All of the above.

4. What is one approach to overcoming internet addiction?

- A. Spending more time online.
- B. Setting limits on internet usage.
- C. Ignoring the problem.
- D. Using the internet for work or school.

5. Which of the following is NOT a sign of internet addiction?

- A. Excessive time spent online.
- B. depression due to excessive screen time.
- C. spending less time with family and friends.
- D. Using the internet to learn new skills.

答案解析：

1. A - 本文的主旨在于探讨过度使用互联网的危害，包括它对个人生活的各个方面可

能产生的负面影响。因此，选项A“过度使用互联网的危害”是正确的。

2. C - 根据文章内容，互联网成瘾的一个常见迹象是忽视现实生活中的责任。选项C“忽视现实生活中的责任”与文章内容相符，因此是正确的。

3. D - 文章中提到，互联网成瘾可能会导致严重的后果，包括精神和身体健康问题，以及人际关系问题。因此，选项D“所有上述后果”是正确的。

4. B - 文章提出了一种克服互联网成瘾的方法，即设定互联网使用的限制。选项B“设定互联网使用的限制”与文章中的建议相符，因此是正确的。

5. D - 文章中没有提到使用互联网来学习新技能作为互联网成瘾的迹象。相反，文章讨论了过度使用互联网可能导致的问题。因此，选项D“使用互联网来学习新技能”是不正确的。

中考英语阅读理解20：世界杯

The FIFA World Cup is the international football tournament that takes place every four years. It is the most watched event in the world, with billions of people tuning in to watch the 30-day festival of football.

The first World Cup took place in 1930 in Uruguay. Since then, the tournament has been held in various countries around the world. The 2018 World Cup, for example, took place in Russia, while the 2022 tournament will be held in Qatar.

One of the most memorable moments in World Cup history was when Brazil won the tournament for the fifth time in 2002. The team, led by stars like Ronaldo and Rivaldo, thrilled fans with their attacking football and ultimately lifted the trophy.

Another memorable moment was in the 1982 World Cup, when Italy's Paolo Rossi scored a hat-trick against West Germany. His goals helped Italy to a 3-1 victory and ultimately led to them winning the tournament.

The World Cup is not just about the football, however. It is also a chance for countries to showcase their culture and hospitality. From the opening ceremony to the final match, the tournament is a celebration of everything that is great about football.

Questions:

1. How often does the FIFA World Cup take place?

A. Every year B. Every two years C. Every four years D. Every six years

2. Who won the 2018 World Cup?

A. Brazil B. Russia C. Qatar D. France

3. Which player scored a hat-trick against West Germany in the 1982 World Cup?

A. Ronaldo B. Rivaldo C. Paolo Rossi D. None of the above

4. What is the World Cup tournament 庆祝伟大的足球?

A. A chance for countries to showcase their culture and hospitality

B. A chance for players to showcase their skills

C. A chance for fans to celebrate their love of football

D. All of the above

5. According to the article, which of the following statements is NOT true?

A. The first World Cup took place in 1930

B. The 2018 World Cup took place in Russia

C. The 2022 World Cup will be held in Qatar

D. The World Cup is the most watched event in the world

答案解析：

1. C - Every four years. 文章的第一句话就明确指出，“The FIFA World Cup is the international football tournament that takes place every four years.”
因此，正确答案是C，世界杯每四年举行一次。

2. D - France. 根据文章正文第二段，“The 2018 World Cup, for example, took place in Russia, while the 2022 tournament will be held in Qatar.” 这里提到的是2018年的世界杯在俄罗斯举行，而2022年的世界杯将在卡塔尔举行。因此，2018年世界杯的冠军是法国队，所以正确答案是D。

3. C - Paolo Rossi. 文章中提到，“Another memorable moment was in the 1982 World Cup, when Italy's Paolo Rossi scored a hat-trick against West Germany.”
这句话说明是意大利的Paolo Rossi在1982年的世界杯上对阵西德队时进了三个球。因此，正确答案是C。

对不起，我之前的回答中有误，现在我将提供正确的答案解析。

4. 答案：D. All of the above

解析：根据文章内容，世界杯不仅仅是关于足球，它还是一个展示各国文化和好客的机会，同时也是庆祝足球伟大之处的节日。因此，选项D“所有上述说法”是正确的。

5. 答案：A. The first World Cup took place in 1930

解析：根据文章内容，第一次世界杯比赛是在1930年在乌拉圭举行的。其他选项中的信息是正确的，但这个问题要求选择不正确的陈述。因此，选项A是不正确的，因为第一次世界杯确实是在1930年举行的。

