

《卖碗的老人：人生有失有得，学会放手》

Once upon a time, there was an old man who sold porcelain bowls on the street. One day, he was walking along the road, carrying his bowls on a bamboo pole. Suddenly, a bowl fell to the ground and shattered into pieces. However, the old man didn't even look back and continued to walk forward.

A passerby noticed this and asked, "Why didn't you look back when your bowl broke?" The old man replied, "No matter how many times I look back, the broken bowl can't be fixed."

The passerby was confused and thought the old man was ignoring the fact that he had lost a valuable bowl. But the old man understood a wise truth: when something is lost, it is important to accept and let go of it. He knew that many things in life cannot be changed, no matter how much we regret or mourn over them.

The story tells us that we should learn to accept the loss and let go of the things that are gone. It is important to move on and not get stuck in the past. Even though it may be difficult, it is the healthier way to deal with life's challenges.

从前，有一位老人在街上卖瓷碗。一天，他沿着路走着，用一根扁担挑着他的碗。突然，一个碗掉在地上，碎成了碎片。然而，老人连头也没回，继续向前走。

一个过路人注意到了这一幕，问：“你的碗碎了，为什么你不回头看一眼？”老人回答说：“不管我回多少次头，破碎的碗是无法修补的。”

过路人感到困惑，以为老人是在忽视他失去了一个珍贵的碗的事实。但老人明白了一个智慧的真理：当一样东西丢失了，重要的是要学会接受和放手。他知道，生活中有很多事情是无法改变的，不管我们多么后悔或者哀悼。

这个故事告诉我们，我们应该学会接受损失，放手那些已经失去的东西。继续前进，不要陷入过去，即使这可能很困难，但这才是面对生活挑战的健康方式。