

《单词百科:workouts是什么意思?workouts怎么发音?workouts的解释和用法》

英语单词workouts是什么意思?workouts怎么读?workouts怎么发音?简答网为您整理了workouts的解释、用法、例句、词组等相关学习资料。下面跟小编一起来看看吧!



workouts怎么读

workouts的读音:[w :k a ts]

workouts的意思

1、n. (尤指体育的) 训练, 赛前集训 (时间) (workout的名词复数);

workouts的双语例句

1、Group workouts too often degenerate into unstructured races at the most inopportune times.

车队的锻炼经常在最不合宜的时候堕落成非正式的比赛。

2、 You can find a plethora of free workouts and workout tips online.

你可以在网上找到太多这种免费锻炼的方法和锻炼的诀窍。

3、 These indoor workouts will help transform thunder thighs into legs you love.

这些室内运动将使你的胖腿变成你想要的腿形。

4、 Organic foods, workouts and basketball are all part of presi-dent-elect's lifestyle.

有机食品、健身和打篮球全是总统当选人日常生法方式的一环。

5、 Does starting workouts with chronically tired legs somehow improve power and other aspects of race fitness?

用长期疲累的双腿开始高强度的锻炼真的能改进力量和其他各方面的比赛能力？

6、 Three twenty-minute aerobic workouts per week are enough for most people to stay physically fit.

每周3次各20分钟的增氧运动足以让大多数人保持身体康健。

7、 Then you just look like a hack who doesn't take his workouts seriously.

要不然你就像个不把锻炼当回事的傻瓜。

8、 It is the latter that gets him up in the morning for workouts.

而后者则是他每天早上早起训练的动力。

9、 The web application provides additional functionality for analysis of your fitness workouts.

web应用程序提供了您的健身锻炼的分析附加功能。

10、 Specific heart rate training allows you to manipulate your workouts to your advantage.

选择适当心率的训练可以加强自身优势。

11、 He'll resume workouts at Legends Field over the weekend.

他将在传奇球场周末继续这样的训练.

12、Doctors say that aerobic workouts should be at least 20 minutes every time.

医生说有氧运动应至少维持20分钟.

13、They'll provide essential nutrients, help fuel your workouts properly and aid in your post-run recovery.

这些食品能提供基础营养素, 正确地为你的训练补充能量,并能帮助跑后恢复.

14、They'll provide essential nutrients fuel your workouts properly and aid in your post-run recovery.

它们能提供给你身体所需的最基本营养,及时补充能量,有助于跑步后恢复体能.

15、Minimal adjustments and walk in designs are featured throughout the line to maximize workouts.

微小的调整和步入式设计风格贯穿于线体之中,力求达到最佳的训练效果.

以上是简答网为您整理的workouts怎么读的相关信息,希望对大家有所帮助。查看更多

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的用法、workouts的释义、w

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