

《单词百科:workout是什么意思?workout怎么发音?workout的解释和用法》

英语单词workout是什么意思?workout怎么读?workout怎么发音?简答网为您整理了workout的解释、用法、例句、词组等相关学习资料。下面跟小编一起来看看吧!



workout怎么读

workout的读音:[w ka t]

workout的意思

1、n.锻炼;

workout的近义词

1、aerobics n.有氧健身法;有氧健身计划;耗氧健身运动;

2、calisthenics n.柔软体操, 运动;徒手体操;

3、callisthenics n.柔软体操，运动；

4、drill n.钻头；练习；演戏；训练；常规；粗斜纹布；条播沟；

5、dry adj.干的干燥的，干旱的；干旱的，口渴的；干咳的；无趣味的，枯燥的；

workout的双语例句

1、Rugby, he said, perfectly fit his desire for a bruising fight and an exhausting workout.

他说，英式橄榄球完全符合他对鼻青脸肿的对抗和操到筋疲力竭的欲望需求。

2、I went for a ride to give my new bike a workout.

我骑车遛了一圈，试了一下我的新自行车。

3、An interesting workout that combines with Jazz and Belly dance steps.

以爵士及肚皮舞蹈组合出的健康舞。

4、Thanks for the advice, but this is something we have to figure out (workout) ourselves.

感谢你的劝告，但此事我们要自己考虑一下。

5、Anything beyond the fifth course is increasingly transformed from gastronomic delight to palate and stomach workout.

第五道菜以后的菜就开始由烹饪的喜悦转变为上腭和胃部的锻炼。

6、Revise or workout new procedures and instructions in teamwork with other QA, Engineering and Production departments.

与其他质量部、工程部及生产部员工一起更新或改进工艺流程和作业指导。

7、So sit back, log on, and save the workout for the gym.

所以，安靠椅背，开机上线吧！要锻链身体，请去健身房报到吧！

8、You can find a plethora of free workouts and workout tips online.

你可以在网上找到太多这种免费锻炼的方法和锻炼的诀窍。

9、A daily workout can improve our disposition.

每日的训练可以改进我们的性格.

10、This afternoon we go to the gym for a workout.

今天下午我们去体育馆进行体育锻炼.

11、I just use it as a workout.

我只是以拳击作为训练的.

12、Enter workout description before entering workout details.

请在输入健身详细资料之前输入健身说明.

13、That's why I am going to start the Arnold and Sly Stallone workout plan.

那就是为什么我要开始我的阿诺德和斯莱·史泰龙锻炼计划了.

14、Eating immediately after a workout will improve recovery.

运动后立即吃东西有助于恢复体力.

15、I had a light workout out this morning at Toyota Center. Headed home now.

我今天早上在丰田中心做了轻微的训练(主要是上肢训练). 现正往回家的路上.

16、A low impact workout session that contains with basic aerobic moves and dance steps.

以动作简单的舞蹈组合出的低撞击健康舞.

17、Then they sank me down in our jacuzzi which was in a corner the workout room.

然后他们沉没,我在我们的水力按摩池,这是在一个角落作业室.

18、Give your upper body a workout by using handweights.

用哑铃来锻炼上身.

以上是简答网为您整理的workout怎么读的相关信息,希望对大家有所帮助. 查看更多关

于workout的用法、
workout的释义、workout的相关详情请点击：<https://dict.jiandongshicai.cn/workout>

