

《单词百科:sit-ups是什么意思?sit-ups怎么发音?sit-ups的解释和用法》

英语单词sit-ups是什么意思?sit-ups怎么读?sit-ups怎么发音?简答网为您整理了sit-ups的解释、用法、例句、词组等相关学习资料。下面跟小编一起来看看吧!



sit-ups怎么读

sit-ups的读音:[s t ps]

sit-ups的意思

1、n.仰卧起坐;仰卧起坐(sit-up的名词复数);

sit-ups的相关词组

- 1、 answer up 迅速回答; 清晰地讲;直言不讳地回答; 照实回答;
- 2、 add up to 总计达;等于; 意味着; 总起来说;
- 3、 add up 加起来; 总计;与应有的数量相符;合乎情理;

- 4、act up (病痛等) 复发;炫耀;行动倔强; (机器等) 功能失常;
- 5、buy up 全部买下;买进;
- 6、buttoned up 守口如瓶的;
- 7、button up 扣紧;顺利完成;
- 8、butter up 阿谀奉承;
- 9、bust up (尤指夫妻之间) 争吵而离异;使终止, 破坏;
- 10、burst up 爆炸, 失败, 垮台;
- 11、burn up 烧起来, 烧掉, 发怒;毁;烧毁;
- 12、bulk up 增加, 积累;
- 13、built up [机] 组合;
- 14、build up stamina 增强耐力
- 15、build up 逐步建立;增进; (在某个地方) 盖满了建筑物;宣扬;
- 16、build someone up 培养某人
- 17、buckle up 系好 (安全带);
- 18、buck up 赶快; 加快;振作起来;加把劲;
- 19、buck sb. up 扣某人 向上
- 20、bubble up 冒泡, 沸腾;

sit-ups的双语例句

- 1、A walrus is even doing push-ups and sit-ups with the trainer.

一只海象也在跟训练员一起做 俯卧撑 和仰卧起坐.

- 2、Run every day, sit-ups, push-up can reduce weight?

天天跑步, 仰卧起坐, 俯卧撑 能减肥 吗?

3、 If you can do 100 sit-ups every day, you will have a six-pack look soon.

如果你每天都可以做100个仰卧起坐,你很快就会有六块肌.

4、 She used to do sit-ups before sleep, but not now.

她过去睡觉前常做仰卧起坐,但现在不做了.

5、 You can't remove a big fat belly by doing sit ups.

你 cannot 通过仰卧起坐减去腹部的赘肉.

6、 I can do fifty sit-ups at a time!

我一次能做五十下仰卧起坐!

7、 Doing sit-ups is an effective way to exercise abdominal muscles.

仰卧起坐是锻炼腹部肌肉的有效办法.

8、 Sit-ups, trunk twists, and other calisthenics are demonstrated the videotape.

录像带上演示了坐下、起立、屈蹲以及其它''健美操''. ''练法.

9、 Edna : Sit-ups. Ladies. Get on you backs.

爱德娜: 仰卧起坐,女士们. 躺下去.

10、 Will sit-ups help prevent me from getting a little soft around the middle?

仰卧起坐能让俺拥有柔软苗条的小蛮腰 么 ?

11、 Susan: Five more sit-ups. Then I want some ice cream.

苏珊: 再做五个仰卧起坐. 然后,我想吃点冰淇淋.

12、 I do sit-ups to radio music every day.

我每天都做广播体操.

13、 Q: Will sit-ups help prevent me from getting a little soft around the middle?

问: 做仰卧起坐可不可以让我不长出肚球?

14、 We throw bean bags and do sit-ups.

我们玩丢沙包而且做仰卧起坐.

15、 Daniela : Um , um, I think to do sit-ups?

嗯嗯我想是做仰卧起坐?

以上是简答网为您整理的sit-ups怎么读的相关信息，希望对大家有一定的帮助。查看更多关于sit-

ups的用法、sit-ups的释义、sit-

ups的相关详情请点击：<https://dict.jiandongshicai.cn/sit-ups>

