

《88岁老人喝尿24年》

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A 88-year-old man who drank his own urine for 24 years, believing it could cure diseases including diabetes and heart disease, is suffering from diabetes and kidney stones, Chongqing Evening News reported.

The director of the urology department of the General Hospital of Chongqing People's Armed Police Force said urine contains little of benefit to the human body but harmful substances include uric acid, creatinine, ketone bodies and bile pigments.

