

《合理膳食的英文》

合理膳食的英文：

rational diet

rational?????

adj. ????????????

- We live in an era of rationality.

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- They were evidently rationalizing.

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- She is a rational woman.

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- The reasoning seems rational.

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- rationalize production, distribution, etc

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diet?????

n. ??????????????

v. ??

- The Diet is now sitting.

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- Sweet potato was the staple of their diet.

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- follow a strict diet

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- The diet supplement is important for me.

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- She is on a diet to lose a stone.

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