《初一英语日记八篇（带中文）》

坚持写英语日记可以显著提升英语写作能力，并帮助积累词汇和语法知识。每天记录生活点滴，不仅锻炼表达能力，还让我们对英语更加熟悉和热爱。这里给大家整理了三篇初一英语日记，供大家参考。

初一英语日记1

Today was a wonderful day! In the morning, I woke up early with the sun shining brightly through my window. It felt like a good start for the day. After having a quick and delicious breakfast with my family, I went to school full of energy.

In English class, Mrs. Smith taught us a new song about friendship. The lyrics were so catchy that I couldn't stop singing it in my head all day. We also practiced dialogues about introducing ourselves to new friends. I felt more confident when I spoke in front of the class.

After school, my friends and I played soccer on the playground. We had so much fun, running and laughing together. The sun was shining, and it made everything feel so alive and happy.

今天真是美好的一天!早晨，我随着窗外明媚的阳光早早醒来，感觉这是个不错的开始。和家人匆匆享用了一顿美味的早餐后，我满怀活力地去上学了。

在英语课上，史密斯老师教了我们一首关于友谊的新歌。歌词朗朗上口，让我一整天都在脑海中哼唱。我们还练习了与新朋友自我介绍的对话，在全班同学面前发言时，我感觉更加自信了。

放学后，我和朋友们在操场上踢足球。我们尽情地奔跑、欢笑，阳光洒在身上，让一切都显得那么生机勃勃、快乐无比。

初一英语日记2

Today was a wonderful day. This morning, I went to school and had a great English class with my teacher, Miss Wang. We learned about past tense verbs and practiced writing sentences. I felt very proud of myself when I got all the exercises correct.

After school, I went to the library with my friends. We borrowed some interesting books and sat down to read. I read a story about animals and learned a lot from it. It was fun to discuss the story with my friends and share our thoughts.

In the evening, I helped my mother with the household chores. We cooked dinner together and had a delicious meal. It was nice to spend quality time with my family.

今天是一个非常棒的一天。早上，我去了学校，并和我的英语老师王老师一起上了一节非常棒的英语课。我们学习了过去时态的动词，并练习写句子。当我把所有的练习都做对时，我感到非常自豪。

放学后，我和朋友们去了图书馆。我们借了一些有趣的书，坐下来阅读。我读了一个关于动物的故事，并从中学到了很多东西。和朋友们讨论这个故事，分享我们的想法很有趣。

晚上，我帮助妈妈做家务。我们一起做饭，吃了一顿美味的晚餐。和家人们一起度过美好的时光很不错。

初一英语日记3

Today was a day filled with excitement. In the morning, I had a fascinating science class where we conducted a chemical experiment. It was interesting to see the different reactions and observe the changes.

After school, I participated in our school's sports day. I joined the running race and although I didn't win, I was proud of myself for trying my best. My friends and I cheered each other on, creating a sense of camaraderie and teamwork.

In the evening, I spent a wonderful time with my family. We went for a walk in the park, enjoying the fresh air and the beautiful scenery. It was a perfect way to end a busy day.

今天是一个充满激动的一天。早上，我参加了一堂有趣的科学课，我们进行了一次化学实验。看到不同的反应和观察变化很有趣。

初一英语日记4

Today was a remarkable day. In the morning, I had an interesting English class. Our teacher introduced a new reading material about animals. It was fascinating to learn about the different species and their unique characteristics.

In the afternoon, I participated in a school sports event. I joined the relay race with my classmates. Although we didn't win, we had a great time and bonded as a team.

In the evening, I helped my mother with household chores. It felt good to be helpful and contribute to my family.

I feel grateful for the opportunities I had today. I can't wait to see what tomorrow brings!

今天是一个非常特别的一天。早上，我上了一场有趣的英语课。我们的老师介绍了一篇关于动物的新阅读材料。学习不同物种和它们的独特特征非常有趣。

下午，我参加了学校的体育活动。我和同学们一起参加了接力赛。虽然我们没有获胜，但我们度过了一段美好的时光，并作为团队建立了联系。

晚上，我帮助妈妈做家务。感到很开心能够帮助家人，为家庭做出贡献。

我感到很感激今天所拥有的机会。迫不及待地想看看明天会带来什么!

初一英语日记5

Today was a day filled with excitement and learning. In the morning, we had a fascinating science lesson about plants. Our teacher demonstrated how to plant a seed and explained the importance of taking care of nature.

In the afternoon, I attended a music workshop. I learned how to play the guitar and improved my singing skills. It was a great opportunity to explore my artistic side.

In the evening, I spent quality time with my family. We cooked dinner together and shared stories about our day. It was a heartwarming moment filled with laughter and love.

I feel blessed to have had such a wonderful day. I can't wait to see what tomorrow has in store for me!

今天是一个充满兴奋和学习的一天。早上，我们上了一堂关于植物的有趣科学课。老师演示了如何种植种子，并解释了照顾大自然的重要性。

下午，我参加了一个音乐研讨会。我学会了如何弹吉他并提高了我的唱歌技巧。这是一个探索我艺术天赋的好机会。

晚上，我与家人度过了高质量的时光。我们一起做饭，分享了我们一天的趣事。这是一个充满笑声和爱心的温馨时刻。

我感到很幸运能度过这样一个美好的一天。迫不及待地想看看明天会给我带来什么!

放学后，我参加了我们学校的体育节。我参加了跑步比赛，虽然我没有赢得比赛，但我为自己尽了最大的努力而感到骄傲。我和我的朋友们互相为对方加油，创造了一种团结和团队合作的感觉。

晚上，我和家人度过了美好的时光。我们去公园散步，享受着新鲜的空气和美丽的风景。这是结束忙碌的一天的好方法。

初一英语日记6

Today was a wonderful day! I woke up early in the morning and felt very excited because it was a sunny day.

After breakfast, I went to the park with my best friend, Lily. We played on the swings and had a great time. Then, we saw some beautiful flowers and took some photos. In the afternoon, I did my homework and watched my favorite TV show. For dinner, my mom cooked delicious spaghetti.

I feel so happy and grateful for this wonderful day!

今天是美好的一天!我早上很早就醒了，感觉非常兴奋，因为今天是个阳光明媚的日子。

早餐后，我和我最好的朋友莉莉去了公园。我们在秋千上玩得很开心。然后，我们看到了一些漂亮的花，并拍了一些照片。下午，我做了作业，还看了我最喜欢的电视节目。晚餐时，我妈妈做了美味的意大利面。

我为这美好的一天感到非常高兴和感激!

初一英语日记7

The sun was shining brightly today. After school, I met my best friends at the entrance of the park.

We excitedly walked in and found a perfect spot for playing badminton. The shuttlecock flew back and forth over the net as we laughed and cheered. In a break, we wandered around, admiring the colorful flowers and spotting playful squirrels. I captured the moments with my camera, making sure to get a few close-ups of the blooming roses.

As the sun began to set, we reluctantly said goodbye to the park. I felt a bit exhausted but incredibly joyful. Days like this with friends are truly special.

今天阳光灿烂。放学后，我在公园入口和最好的朋友们汇合。

我们兴奋地走进公园，找到了一个打羽毛球的绝佳地点。羽毛球在网上来回飞舞，我们笑着加油。休息时，我们四处闲逛，欣赏五颜六色的花朵，还看到了活泼的小松鼠。我用相机记录下这些瞬间，特意拍了几张盛开的玫瑰的特写。

随着太阳开始落山，我们依依不舍地离开了公园。我虽然有些疲惫，但非常快乐。和朋友们这样的日子真的很特别。

简答网 —jiandongshicai.cn—

初一英语日记8

Today, I helped my mom cook dinner for the first time.

I washed the vegetables and cut them into small pieces. Then, I stir-fried them with some meat. The kitchen was full of delicious smells. When we sat down to eat, my family said the dish was very tasty.

I felt proud of myself. Helping my mom made me realize how hard she works every day. I want to help more often from now on.

今天，我第一次帮助妈妈做晚餐。

我洗了蔬菜，并把它们切成小块。接着，我加了些肉一起炒。厨房里弥漫着美味的香气。当我们坐下来吃饭时，家人说这道菜非常好吃。

我为自己感到骄傲。帮助妈妈让我意识到她每天工作有多辛苦。从现在开始，我想更经常地帮忙。

简答网 —jiandongshicai.cn—