

《双语：英国男子得怪病 啃啃马铃薯就“醉死”》



We all wish there were cheaper, easier ways to get drunk.

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However one British man has revealed how he can get drunk by simply eating chips or mashed potatoes.

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Nick Hess suffers from ‘auto-brewery syndrome’, which means his stomach has an overgrowth of yeast which turns any carbohydrates he eats into alcohol.

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For years Nick would wake up feeling sick, or often suddenly feel drunk after meals.

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His wife even started searching the house for bottles, convinced he was a secret alcoholic.

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