

《《我们这一天》Milo Ventimiglia要当爸爸了！妻子Jarrah Mariano 官宣怀孕》

男神米洛·文堤米利亚(Milo Ventimiglia)要当爸爸啦!

米洛的辣模妻子贾拉·玛丽亚诺(Jarrah Mariano)在Instagram上官宣了即将迎来他们的第一个宝宝的好消息。

玛丽亚诺小姐姐晒出了孕肚照，她身穿比基尼坐在冲浪板上，笑得超级灿烂，一旁的米洛还来了个夏威夷式的手势，简直不要太幸福!



01

Milo Ventimiglia and his wife, Jarrah Mariano, have announced that they are expecting their first child together.

米洛·文堤米利亚和他的妻子，39岁的模特贾拉·马利亚诺，宣布他们将迎来两人的第一个孩子。

The exciting news was shared by Mariano, a 39-year-old model, on Sunday via Instagram.

这一激动人心的消息由马里亚诺于周日通过Instagram分享。

In the post, she cradled her baby bump while wearing a bikini and sitting on a surfboard, accompanied by a snap where she tilted her head back and flashed a wide smile, with Ventimiglia, 47, giving a shaka hand sign beside her.

在帖子中，她穿着比基尼坐在冲浪板上，轻轻抚摸着孕肚，同时还附了她头向后仰，露出灿烂笑容的照片，47岁的文堤米利亚在她旁边做了夏威夷式打招呼的手势。



"Baby on board!" Mariano captioned the announcement. However, she did not disclose the gender of the baby or the due date.

“宝宝来啦！”马里亚诺在帖子中写道。但她没有透露宝宝的性别或预产期。

Ventimiglia, known for his role in the TV series "This Is Us," who rarely posts on social media, has yet to comment on the news.

文堤米利亚因在电视剧《我们这一天》中的角色而闻名，他很少在社交媒体上发布动

态，目前尚未对这一消息发表评论。

In the past, he has expressed his desire for a "strong family unit," stating in an interview with Us Weekly in 2017, "It will happen when it happens. I ' m not out seeking it. It ' s just kind of, I ' m present in the space in my life that when it presents itself and it ' s right, I ' m sure it will work out."

过去，他曾表达过对“强大家庭”的渴望，在2017年接受《Us Weekly》采访时他说：“该来的总会来。我不会刻意去追求。我只是处于人生的这个阶段，当它来临时，并且是正确的时机，我相信一切都会水到渠成。”



Interestingly, the couple's baby news comes exactly one year after they tied the knot in a private ceremony in Hawaii.

有趣的是，这对夫妇宣布怀孕的消息恰好是在他们于夏威夷举行私密婚礼一周年之际。

To celebrate their first wedding anniversary, Mariano posted a series of Instagram snaps, reminiscing about their wedding.

为庆祝结婚一周年，马利亚诺在Instagram上发布了一系列照片，回忆他们的婚礼。

“ Last year I married my best friend. There aren ’ t enough words that exist to describe all the special qualities that make him who he is. All I can say is that I am grateful for the life that we have together and the happiness that we have created.” she captioned the pictures.

“ 去年，我嫁给了我的挚友。没有足够的语言来形容他所有独特的品质。我只能说，我很感激我们共同拥有的生活和我们创造的幸福。 ” 她在照片下写道。

02

米洛·文堤米利亚(Milo Ventimiglia)出生于1977年，是一位演技和颜值都在线的美国演员。

从《吉尔莫女孩》里的Jess Mariano，到《英雄》里的超能暖男，再到《我们这一天》里的完美老爸，Milo的作品简直让人追得停不下来!

凭借在《我们这一天》中的炸裂演技，Milo斩获了艾美奖剧情类剧集最佳男主角奖，人气飙升。

米洛和贾拉·玛丽亚诺(Jarah Mariano)的恋情于2022年曝光，并于2023年成功步入婚姻殿堂。



Fans of Milo Ventimiglia were first alerted to his romantic relationship with Jarah Mariano in 2022, when the Instagram account Deuxmoi revealed that the two were an item.

2022年，当Instagram账号Deuxmoi透露米洛·文堤米利亚与贾拉·马利亚诺是一对时，文堤米利亚的粉丝们首次得知了两人的恋情。

A follower's inquiry about Ventimiglia's dating status prompted Deuxmoi to post a photo of the couple in their bathing suits together, captioning it with a suggestion that they had moved to a new neighborhood together.

一位粉丝询问文堤米利亚的恋爱状况，促使Deuxmoi发布了一张两人身穿泳衣的合照，并配文暗示他们已一起搬到了一个新社区。

The image, originally posted by @johannacyn, showed the pair staring into each other's eyes while holding bottles of champagne.

这张照片最初由@johannacyn发布，照片中两人手持香槟，深情对视。





More recently, in June 2023, Deuxmoi once again spotlighted their romance when a follower asked if the couple had married, following sightings of Mariano wearing a large diamond ring.

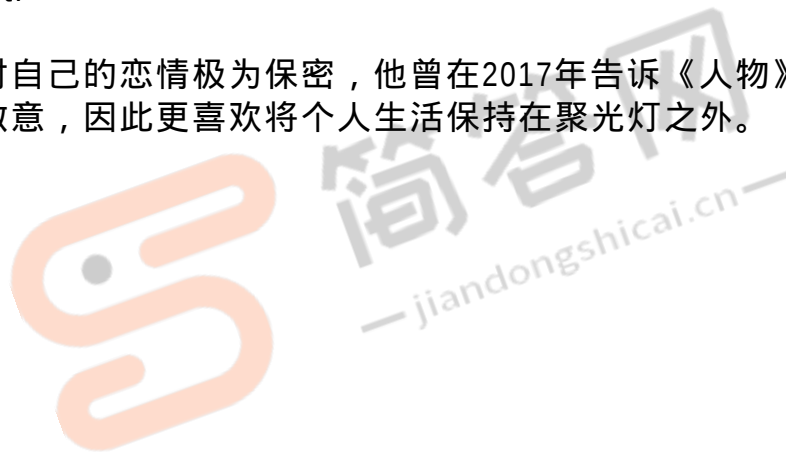
最近，在2023年6月，当一位粉丝询问两人是否已婚，因为有人看到Mariano戴着一枚大钻戒，Deuxmoi再次将他们的恋情推向了聚光灯下。

Then, in October 2023, it was reported that Ventimiglia had secretly married Mariano earlier in the year during an intimate ceremony attended by friends and family.

随后，在2023年10月，文堤米利亚被报道已在年初与马利亚诺秘密结婚，婚礼仪式温馨私密，仅邀请了亲朋好友参加。

Ventimiglia, who has been notoriously private about his relationships, previously told PEOPLE in 2017 that he prefers to keep his personal life out of the spotlight due to his respect for his craft.

文堤米利亚一直对自己的恋情极为保密，他曾在2017年告诉《人物》杂志，由于他对自己的职业充满敬意，因此更喜欢将个人生活保持在聚光灯之外。





However, during an appearance on Jimmy Kimmel Live later in October 2023, the actor acknowledged his marriage, saying, "I'm sure there's a few broken hearts — female and male, I don't know, maybe."

然而，在2023年10月下旬的一次吉米·坎摩尔直播秀上，这位演员承认了自己已婚的事实，他说：“我确信有些人会心碎——男女都有，我不确定，可能吧。”

Mariano, a model who has appeared in campaigns for Abercrombie & Fitch, MAC, Armani Exchange, and Victoria's Secret, as well as making her debut in Sports Illustrated's Swimsuit Issue in 2008, also has a few acting credits to her name.

马利亚诺是一名模特，曾为Abercrombie & Fitch、MAC、Armani Exchange和维多利亚的秘密等品牌拍摄过广告，并在2008年首次登上《体育画报》泳装特辑，此外，她还有一些演艺经历。

She has appeared in music videos, including JAY-Z's "Show Me What You Got," and has made appearances in shows and films such as Chuck and The Audition.

她曾出演过音乐视频，包括JAY-Z的《Show Me What You Got》，并在《Chuck》和《The Audition》等电视剧和电影中露面。

重点词汇：

cradle (v.) 轻轻抱着

surfboard (n.) 冲浪板

due date (n.) 预产期

reminisce / rem n s/ (v.) 回忆

bathing suit 泳装

be an item (非正式)(两人)建立稳定的爱恋关系(或性关系)

express one's desire for... 表达对.....的渴望