

《《神秘博士》女演员Jenna Coleman升级当妈！与导演男友街头遛娃！》

从《爱默戴尔农场》到《神秘博士》，珍娜·科尔曼(Jenna Coleman)一直是我们的心头好。

近日，她和导演男友Jamie Childs的第一个孩子出生啦！他们手捧咖啡，推着婴儿车，在伦敦北部散步，画风温馨又时尚。珍娜一身名牌，墨镜加持，辣妈范儿十足。Jamie则轻松驾驭奶爸角色，两人同款休闲装，默契满分。

从扮演“九子之母”维多利亚女王到现实中升级当妈，珍娜完美诠释了从银幕角色到人生角色的华丽转变。



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Jenna Coleman, the former star of Emmerdale and Waterloo Road, has recently welcomed her first child with her director boyfriend Jamie Childs.

曾出演《爱默戴尔农场》和《Waterloo Road》的珍娜·科尔曼，近日与导演男友Jamie Childs迎来了他们的第一个孩子。

The 38-year-old actress was spotted enjoying a leisurely stroll with her partner of four

years in north London at the weekend, pushing a buggy along the way.

这位38岁的女演员在周末被拍到与交往四年的男友在伦敦北部悠闲散步，途中推着婴儿车。

With coffees in hand, the couple seemed to be relishing the moment, as proud dad Jamie walked alongside with their little one securely strapped to his chest in a stylish chequered baby carrier.

两人手捧咖啡，享受着温馨时光，而自豪的爸爸Jamie则用时尚的棋盘格婴儿背带将小宝宝安全地绑在胸前。





As a new mum, Jenna looked effortlessly chic in her Chanel handbag and matching black sunglasses, paired with jeans, a red jumper, and a brown bomber jacket.

作为新晋妈妈，珍娜的装扮时尚简约，她身穿牛仔裤、红色针织衫和棕色飞行员夹克，搭配香奈儿手提包和同色系黑色墨镜。

Meanwhile, Jamie, who has directed His Dark Materials and the Netflix series Sandman (where he met Jenna on set), appeared to be embracing fatherhood with ease, dressed in a similar smart and casual outfit.

与此同时，曾执导过《黑暗物质三部曲》和Netflix剧集《睡魔》(正是在该剧组与Jenna相识)的Jamie，则以一身同样干练休闲的装扮，轻松拥抱父亲的新角色。

Jenna first revealed her pregnancy when she debuted her blossoming baby bump at a special event at Chatsworth House in June.

珍娜首次宣布怀孕是在6月的一次Chatsworth House特别活动上，当时她展示了日渐隆起的孕肚。

This announcement came after months of speculation about her marriage to Jamie Childs, who is 35 years old.

这一消息是在外界对她与35岁的Jamie Childs是否已婚的猜测传闻数月后公布的。

However, Jenna has always preferred to keep her personal life private and has never publicly discussed her pregnancy or shared any details about the birth.

然而，珍娜一直倾向于保持个人生活的私密性，从未公开讨论过怀孕事宜或分享过任何生产细节。



In recent pictures, Jenna's new baby was spotted wearing pink socks, which could be a hint that she has welcomed a little girl into the world.

在最近的照片中，珍娜的小宝宝穿着粉色袜子，这或许暗示着她迎来了一位小公主。

Prior to becoming a mother, Jenna had once joked about having 'plenty of practice' for starting a family after portraying a young Queen Victoria, who famously had nine children, in a television series.

在成为母亲之前，Jenna曾在一次采访中开玩笑说，她在电视剧中扮演年轻时的维多利亚女王(这位女王以生育九个孩子而著称)后，为组建家庭“积累了丰富经验”。

Furthermore, Jenna had even watched the Channel 4 show One Born Every Minute to prepare for any potential labour scenes in her future projects.

此外，Jenna甚至还观看了Channel 4的真人秀节目《忙碌的产房》，为日后项目中可能出现的分娩场景做准备。

During an appearance on The Jonathan Ross Show in 2019, she shared: "I have had many a labour scene now, I ' m running out of noises for labour scenes."

在2019年参加《乔纳森·罗斯秀》时，她分享道：“我现在演了很多分娩场景，都快没声音可用了。”

At the time, she was still filming Victoria and added: "I ' ve just given birth to the seventh child now. And there is still no pain relief as of yet either. To be honest, I find if I build up adrenaline and then don ' t think about it and then watch it back, I think I sounded like a sheep.

当时她仍在拍摄《维多利亚》，并补充道：“我刚生下第七个孩子。而且到现在还没有无痛分娩。说实话，我发现如果我肾上腺素飙升，然后不去想它，之后再回看，我觉得自己听起来像只羊。

I ' d just have loads of caffeine and then get really built up and then I ' m sure one day maybe if I ever give birth I ' ll realise I was totally wrong."

当时我就喝了很多咖啡因饮料，然后非常紧张，不过我确信，如果有一天我真的分娩，我会意识到自己之前完全错了。”

02

珍娜·科尔曼(Jenna Coleman)1986年出生，因为身高只有1米57，却拥有精致的容颜，被网友成为“柯基妹”。

她的作品丰富多样，凭借《神秘博士》中的Clara一角深入人心，还有《维多利亚》中的维多利亚女王也超有范儿。

之后，她还参加了Netflix剧集《睡魔》的演出，正是在拍摄这部剧时，珍娜认识了现在的男友Jamie Childs。



According to sources, the couple began dating in 2020 after working together on the Netflix series "The Sandman." Jenna was among the cast of the fantasy drama, while Jamie directed several episodes.

据知情人士透露，这对情侣在共同为Netflix剧集《睡魔》工作后开始交往，时间可追溯到2020年。珍娜是这部奇幻剧的演员之一，而杰米则执导了多集内容。

Jamie's other directorial credits include the Disney+ series Willow as well as several episodes of Doctor Who, though following Jenna's departure, according to IMDb. Jenna however was part of the cast in Jamie's film Jackdaw (2023).

据IMDb显示，在珍娜离开后，杰米的其他导演作品包括Disney+剧集《Willow》以及《神秘博士》的多集内容。不过，珍娜仍是杰米2023年电影《寒鸦》的演员之一。



Their romantic link was first publicly noticed in December 2021, when they were photographed together. Jamie was later seen moving into Jenna's home in Islington, north London.

他们的恋情首次公开曝光是在2021年12月，当时两人被拍到同框。之后，有人看到杰米搬进了珍娜位于伦敦北部伊斯灵顿的家中。

Jenna was reported to be pregnant in June this year, as she debuted a noticeable baby bump at an event celebrating the opening of an exhibition at Chatsworth House.

今年6月，珍娜被曝出怀孕的消息，她在出席查茨沃斯庄园展览开幕式时，首次展示了明显的孕肚。

重点词汇：

buggy (n.) 婴儿车

relish (v.) 享受

strap (v.) 用带系紧

chequered (adj.) 格子的，棋盘格的

keep...private (v.) 保持...私密

labour scene (n.) 分娩场景

build up (v.) 增强，积累

run out of (v.) 用完，耗尽

pain relief (n.) 缓解疼痛

