

《英语四级作文范文带翻译（精选15篇）》

四级作文范文1：英语是否应该作为大学必修课

English is an integral part of global communication and knowledge exchange. Therefore, it should be a compulsory subject in universities.

With the world becoming more interconnected, the ability to communicate in English is crucial for students to engage with the international community. It opens up opportunities for studying abroad, participating in global research collaborations, and accessing a vast amount of information and resources.

Moreover, English is the language of science and technology, and many academic publications are written in English. Therefore, students who do not have a strong command of English may be at a disadvantage in their academic pursuits.

In conclusion, making English a mandatory subject in universities is essential for students to succeed in today's globalized world.

英语是全球沟通和知识交流的重要部分。因此，它应该成为大学的必修课。

随着世界变得更加紧密相连，用英语进行沟通的能力对于学生与国际社会的互动至关重要。它为学生提供了出国留学、参与全球研究合作和访问大量信息和资源的机会。

此外，英语是科学和技术的语言，许多学术出版物都是用英语写的。因此，那些英语能力不强的学生在学术追求上可能处于不利地位。

总的来说，在全球化的今天，将英语定为大学的必修课对于学生取得成功至关重要。

四级作文范文带翻译2：阅读经典书籍的重要性

Reading classic books is of great importance in our lives. It offers us a unique opportunity to delve into the thoughts and emotions of authors from different times and cultures.

Classic books often embody the wisdom and values of their respective eras. They provide insights into human nature, society, and history, enabling us to better understand ourselves and the world around us.

Moreover, reading classic books enhances our language skills, as these books usually employ sophisticated language and rich expressions. It also broadens our horizons,

fostering our critical thinking and creativity.

In conclusion, reading classic books is a beneficial endeavor that enriches our knowledge, language skills, and worldview.

阅读经典书籍在我们的生活中具有重要意义。它为我们提供了一个独特的机会，深入探索不同时代和文化背景下的作者思想和情感。

经典书籍通常体现了它们所在时代的智慧和价值观。它们提供了关于人性、社会和历史洞察，使我们能更好地理解自己和周围的世界。

此外，阅读经典书籍提高了我们的语言技能，因为这些书籍通常使用复杂的语言和丰富的表达。它还开阔了我们的视野，培养我们的批判性和创造性思维。

总之，阅读经典书籍是一项丰富我们的知识、语言技能和世界观的有益事业。

四级作文范文带翻译3：怎样改善学生的心理健康

Improving students' mental health is crucial for their overall well-being and academic performance. Here are some ways to achieve this:

Firstly, schools should establish a supportive and inclusive environment where students feel safe and accepted. This can be done by promoting diversity, encouraging kindness, and providing counseling services.

Secondly, it is essential to prioritize physical health. regular exercise, a balanced diet, and adequate sleep can significantly enhance mental well-being.

Thirdly, schools should offer mental health education to help students develop healthy coping mechanisms and resilience. This can include teaching them how to manage stress, set realistic goals, and build positive relationships.

Finally, teachers and parents play a vital role in supporting students' mental health. They should be vigilant for signs of mental distress and provide necessary support, whether through therapy, social support, or simply listening and empathizing.

In conclusion, by addressing these areas, we can create a conducive environment for students to thrive both academically and mentally.

改善学生的心理健康对于他们的整体福祉和学术表现至关重要。以下是实现这一目标的一些方法：

首先，学校应该建立一个支持和包容的环境，让学生感到安全和被接受。这可以通过

促进多样性、鼓励善良和提供咨询服务来实现。

其次，优先考虑身体健康是非常重要的。定期锻炼、均衡饮食和充足的睡眠可以显著提高心理健康。

第三，学校应该提供心理健康教育，帮助学生发展健康的应对机制和韧性。这可以包括教他们如何管理压力、设定现实的目标和建立积极的关系。

最后，教师和家长在支持学生心理健康方面扮演着至关重要的角色。他们应该警觉于心理健康困扰的迹象，并提供必要的支持，无论是通过治疗、社会支持，还是简单地倾听和共情。

总之，通过解决这些问题，我们可以为学生创造一个既有利于学术又有利于心理健康的环境。

四级作文范文带翻译4：校园安全问题

Campus safety is a pressing issue that needs to be addressed promptly. There are several aspects to consider in order to ensure a safe and secure environment for students.

Firstly, physical security is crucial. Schools should have adequate security measures in place, such as surveillance cameras, secure entry points, and well-lit pathways. Additionally, regular safety drills and education should be conducted to prepare students for emergencies.

Secondly, online safety is also important in today's digital age. Schools should provide education on safe internet practices, including the dangers of cyberbullying and inappropriate content. Implementing strict filters and monitoring systems can help protect students online.

Finally, emotional safety should not be overlooked. A supportive and inclusive atmosphere can be fostered by promoting kindness, respect, and empathy among students. Teachers should be trained to identify and address signs of emotional distress in students.

In conclusion, ensuring campus safety requires a comprehensive approach that encompasses physical, online, and emotional safety. By addressing these aspects, we can create a secure and conducive environment for students to thrive.

校园安全是一个需要及时解决的重要问题。为了确保学生在一个安全和稳定的环境中学习，有几个方面需要考虑。

首先，物理安全至关重要。学校应该有足够的安保措施，比如监控摄像头、安全的入

口和光线充足的通道。此外，应定期进行安全演习和教育，以培养学生应对紧急情况的能力。

其次，在当今数字化时代，网络安全也同样重要。学校应提供关于安全上网实践的教育，包括网络欺凌和不当内容的危险。实施严格的过滤和监控系统可以帮助保护学生在网上的人身安全。

最后，不应忽视情感安全。通过促进善良、尊重和同理心，可以培养一个支持和包容的氛围。教师应接受培训，以识别和解决学生情感困扰的迹象。

总之，确保校园安全需要一个全面的方法，涵盖物理、网络和情感安全。通过解决这些方面，我们可以为学生创造一个安全且有利的环境。

四级作文范文带翻译5：最深刻的一次校园活动

Among the numerous events that have taken place on our campus, the one that impressed me the most was the annual charity run organized by the Student Union last month. The event aimed to raise funds for underprivileged children and it successfully attracted hundreds of participants, including students, teachers, and even alumni.

The race began with a warm-up session led by our physical Education teacher, followed by a fun run around the campus. Despite the light rain, everyone seemed to enjoy themselves, as they cheered each other on and supported the cause. The event concluded with a prize ceremony, where the top runners were awarded certificates and small tokens of appreciation.

Personally, I found the charity run to be a heartwarming experience, as it showcased the true spirit of campus community. It was inspiring to see everyone come together for a common goal and work towards making a difference in the lives of others. This event has certainly left a deep impression on me and I believe it will continue to inspire many others in the years to come.

在校园里发生的众多事件中，最让我印象深刻的是上个月由学生会组织的年度慈善跑步活动。这次活动的目的是为贫困儿童筹集资金，成功吸引了包括学生、教师甚至校友在内的数百人参加。

活动在一段由我们的体育老师带领的热身运动后开始，随后是围绕校园的欢乐跑。尽管下着小雨，但每个人都似乎乐在其中，他们互相鼓励，支持这个活动。活动以一个颁奖仪式结束，获奖者获得了证书和一些小礼物。

对我个人来说，我觉得这次慈善跑是一次温馨的经历，因为它展示了校园社区的真正精神。看到每个人都为了一个共同的目标而聚集在一起，为了改变他人的生活而努力，真是令人鼓舞。这次活动无疑给我留下了深刻的印象，我相信它将继续在未来几年

激励着许多人。

四级作文范文带翻译6：大学最令人印象深刻的方面

The most impressive aspect of my university experience has been the quality of the faculty. The professors I've had the privilege to learn from are not only experts in their fields, but they are also dedicated to teaching and fostering a love for learning in their students.

They have inspired me with their knowledge and passion for their subjects. They are always available to answer questions and provide guidance, whether it's during office hours or through email. They have also encouraged me to pursue my interests and provided valuable feedback on my assignments.

The small class sizes have allowed for more personalized attention and opportunities for discussion. I have found that the interactive learning environment has enhanced my understanding of the subjects and has made my learning experience more enjoyable.

Overall, the faculty at my university has made a lasting impression on me and has contributed significantly to my academic and personal growth. I am grateful for their dedication and commitment to providing a quality education.

我在大学中最为印象深刻的方面是教师的教学质量。我有幸学习的教授们不仅在他们的领域内是专家，而且他们还致力于教学，培养学生对学习的热爱。

他们用他们的知识和对他们学科的热情启发了我。他们总是在办公时间或者通过电子邮件 available to answer questions and provide guidance。他们还鼓励我追求我的兴趣，并在我的作业上提供了宝贵的反馈。

小班授课允许更多的个性化关注和讨论机会。我发现互动式学习环境加强了我对学科的理解，并使我的学习体验更加愉快。

总的来说，我的大学的教师给我留下了持久的印象，并对我学术和个人成长做出了重大贡献。我对他们的奉献和承诺，提供优质的教育表示感激。

四级作文范文带翻译7：如何与同学保持温暖友好关系

Maintaining a warm and friendly relationship with classmates is essential for a fulfilling college experience. Firstly, effective communication is key. This involves actively listening to others, expressing oneself clearly, and showing empathy. Secondly, mutual respect is crucial. Respecting others' opinions and differences helps create a harmonious environment.

Additionally, participating in group activities and collaborating on projects fosters bonds and a sense of community. It's also beneficial to offer help and support when needed, as this strengthens friendships.

The benefits of such relationships are numerous. A warm and friendly relationship with classmates can lead to a more enjoyable and supportive learning environment. It can also enhance one's social skills and promote personal growth. Moreover, having a strong network of friends can be invaluable when facing challenges or seeking opportunities.

In conclusion, maintaining a warm and friendly relationship with classmates involves effective communication, mutual respect, and active participation. The benefits of such relationships are significant, contributing to a fulfilling college experience and personal growth.

与同学保持温暖友好的关系对于充实的大学经历至关重要。首先，有效的沟通是关键。这包括积极倾听他人、清楚地表达自己，并表现出同理心。其次，相互尊重是关键。尊重他人的意见和差异有助于创造和谐的环境。

此外，参加团体活动和在项目中合作有助于培养纽带和社区感。在需要时提供帮助和支持也能加强友谊。

这种关系的益处众多。与同学保持温暖友好的关系可以导致更加愉快和支持的学习环境。它还可以增强社交技能和个人成长。此外，拥有强大的朋友网络在面临挑战或寻求机会时是无价的。

总的来说，与同学保持温暖友好的关系涉及有效的沟通、相互尊重和积极参与。这种关系的益处是显著的，有助于充实的大学经历和个人成长。

四级作文范文带翻译8：大学生做社区服务

Engaging in community service is a valuable experience for college students. It offers several benefits, such as developing practical skills, fostering a sense of responsibility, and enhancing one's resume.

By participating in community service, students can apply what they learn in the classroom to real-life situations. This hands-on experience allows them to develop practical skills, such as problem-solving, teamwork, and communication.

Moreover, community service helps students cultivate a sense of responsibility and empathy towards others. It encourages them to give back to society and make a positive impact on their community.

As for the service we can provide to the community, there are numerous options. For

example, we can volunteer at local hospitals or schools, participate in environmental clean-up campaigns, or assist elderly neighbors with daily tasks.

In conclusion, community service benefits college students in multiple ways. It not only provides practical experience but also fosters a sense of responsibility and empathy. By offering our services to the community, we can make a meaningful contribution and create a better society.

参与社区服务对于大学生来说是一种宝贵的经历。它提供了几个好处，如发展实用技能、培养责任感以及增强简历。

通过参与社区服务，学生可以将课堂上学到的知识应用到实际情况中。这种实践经验使他们能够发展实用技能，如解决问题、团队合作和沟通。

此外，社区服务帮助学生培养对他人负责和同情心的感觉。它鼓励他们回馈社会，对社区产生积极影响。

至于我们可以为社区提供的服务，有很多选择。例如，我们可以在当地医院或学校做志愿者，参加环保清洁活动，或者帮助年迈的邻居处理日常任务。

总的来说，社区服务以多种方式造福大学生。它不仅提供实践经验，还培养责任感和平等心。通过向社区提供服务，我们可以做出有意义的贡献，创造更好的社会。

四级作文范文带翻译9：网课的看法

In response to the university's survey on online classes, I would like to share my thoughts on their advantages and disadvantages, as well as suggest possible improvements.

Online classes have brought about numerous benefits. Firstly, they offer flexibility in terms of time and location, allowing students to learn at their own pace and from the comfort of their own homes. This is particularly beneficial for those with busy schedules or who prefer a non-traditional learning environment.

Secondly, online classes have expanded access to education. Students from different backgrounds and geographical locations can enroll in courses that were previously unavailable to them. This promotes inclusivity and diversity in the learning community.

However, there are also some drawbacks to online classes. One major concern is the potential for a lack of social interaction. Face-to-face interactions with peers and instructors are essential for effective learning, and this aspect may be missing in online settings.

To address these challenges, improvements can be made. For instance, incorporating

more interactive elements into online classes, such as discussion forums and virtual group projects, can help foster student engagement and collaboration. Additionally, providing regular feedback and support to students can enhance their learning experience.

In conclusion, while online classes offer many advantages, such as flexibility and increased access to education, they also have their limitations. By implementing improvements, such as enhancing interactivity and providing support, online classes can be further optimized to meet the needs of students.

针对大学进行的关于
网课的调查，我想分享我对其优缺点以及可能的改进措施的看法。

网课带来了许多好处。首先，它们在时间和地点上提供了灵活性，允许学生按照自己的节奏学习，并在自己家中舒适地学习。这对于那些日程繁忙或喜欢非传统学习环境的人来说尤其有益。

其次，网课扩大了教育的可达性。来自不同背景和地理位置的学生可以报名参加以前无法接触的课程。这促进了学习社区的包容性和多样性。

然而，网课也有一些缺点。一个主要问题是缺乏社会互动的可能性。与同伴和导师的面对面互动对于有效学习至关重要，而这一方面在在线环境中可能会缺失。

为了解决这些挑战，可以做出一些改进。如，可以在网课中加入更多互动元素，如讨论论坛和虚拟分组项目，以帮助提高学生的参与度和协作能力。此外，提供定期反馈和支持给学生可以改善他们的学习体验。

总的来说，尽管网课提供了许多优势，如灵活性和教育可达性的扩大，但它们也有局限性。通过实施改进措施，如增强互动性和提供支持，网课可以进一步优化以满足学生的需求。

四级作文范文带翻译10：为什么学生要学英语

English is a global language that is widely spoken in various countries around the world. Learning English is crucial for students for several reasons.

Firstly, English is the primary language used in international communication. In today's interconnected world, being able to speak English proficiently can open up numerous opportunities for students, such as studying abroad, traveling, or working in English-speaking countries.

Secondly, English is the lingua franca of education. Many top universities and institutions around the world offer courses and materials in English. By mastering

English, students can access a wealth of knowledge and resources that may not be available in their native language.

Furthermore, English proficiency is often a requirement for professional advancement. In many fields, such as business, science, and technology, English is the language of choice for communication and documentation. Being fluent in English can enhance a student's career prospects and enable them to engage in global collaborations.

Moreover, learning English can improve a student's cognitive skills. Language learning involves critical thinking, problem-solving, and memory retention. These skills can be transferable to other areas of life and academia.

In conclusion, learning English is essential for students as it provides opportunities for international communication, access to global knowledge, career advancement, and cognitive development. Mastering English can equip students with the necessary skills to navigate the modern world and succeed in various aspects of life.

英语是一种在全球范围内广泛使用的语言。对学生来说，学习英语有多个重要的原因。

首先，英语是国际交流的主要语言。在当今相互联系的世界中，能够流利地使用英语可以为学生打开许多机会，如出国留学、旅行或在美国等英语国家工作。

其次，英语是教育的通用语言。世界上许多顶尖的大学和机构提供的课程和材料都是用英语编写的。通过掌握英语，学生可以获取可能在他们母语中不可用的知识资源。

此外，英语熟练度通常是职业发展的要求。在许多领域，如商业、科学和科技，英语是沟通和文件记录的首选语言。精通英语可以增强学生的职业前景，并使他们能够参与全球合作。

而且，学习英语可以提高学生的认知技能。语言学习涉及批判性思维、解决问题和记忆保持。这些技能可以转移到生活的其他领域和学术上。

总之，学习英语对学生来说至关重要，因为它提供了国际交流、获取全球知识、职业发展和认知发展的机会。掌握英语可以使学生掌握驾驭现代世界和在生活的各个方面取得成功的必要技能。

四级作文范文带翻译11（2024年6月真题作文）

题目：假设你的大学正在就大学图书馆是否应该向公众开放征求学生的意见

范文：

As a university student, I believe that university libraries should indeed be open to the public. This move would not only enrich the cultural lives of the general public but also promote knowledge dissemination and social inclusiveness.

Firstly, libraries are repositories of knowledge, and opening them to the public would allow a wider range of individuals to access valuable resources. This could lead to an increase in literacy and foster a culture of lifelong learning.

Secondly, the interaction between university students and members of the public in the libraries could foster mutual understanding and exchange of ideas. Such exchanges are beneficial for both sides, enriching the academic environment on campus and bringing fresh perspectives to the community.

Lastly, it is important to note that universities, as institutions of higher education, have a responsibility to contribute to society. Opening libraries to the public is one way of fulfilling this responsibility, making knowledge accessible to all.

In conclusion, I firmly support the idea of opening university libraries to the public, as it would benefit both the university community and society at large.

四级作文范文带翻译12 (2024年6月真题作文)

题目：假设你的大学正在就大学食堂是否应该向公众开放征求学生的意见

Should University Canteens Be Open to the Public?

As a university student, I have been asked to share my opinion on whether university canteens should be open to the public. After careful consideration, I believe it is a beneficial move.

Firstly, opening canteens to the public could bring economic benefits to the university. An increased number of customers would mean higher sales, which could be used to improve the quality of food and services offered.

Secondly, it would provide a convenient dining option for the local community. Many people living near the university may find it difficult to find affordable and tasty meals. By opening the canteens, we can help address this issue.

Lastly, cultural exchange and understanding could be fostered through this initiative. University students and members of the public dining together in the canteens could create opportunities for mutual learning and understanding.

In conclusion, I am in favor of opening university canteens to the public. It would bring

economic benefits, provide a convenient dining option, and foster cultural exchange and understanding.

四级作文范文带翻译13 (2024年6月真题作文)

题目：假设你的大学正在就大学体育设施是否应该向公众开放征求学生的意见

Should University Sports Facilities Be Open to the Public?

As a university student, I have been asked to share my opinion on whether university sports facilities should be open to the public. After careful deliberation, I believe it is a positive step to take.

Firstly, opening sports facilities to the public could help promote public health and fitness. The availability of university sports facilities would provide an excellent opportunity for members of the community to engage in physical activities and improve their overall health.

Secondly, this move could also generate additional revenue for the university. The increased usage of sports facilities would likely lead to higher income, which could then be used to further enhance the quality of the facilities and services offered.

Lastly, the integration of university students and members of the public in sports activities could foster cultural exchange and mutual understanding. Such interactions are beneficial for both parties, enriching the university environment and bringing fresh perspectives to the community.

In conclusion, I firmly support the idea of opening university sports facilities to the public. It would not only promote public health but also generate revenue and foster cultural exchange.

四级作文范文带翻译14：互联网的影响

In this digital age, the Internet has become an indispensable part of our life, bringing both positive and negative influences.

On the one hand, the Internet has facilitated communication, making it faster and more convenient. Through various social media platforms, we can easily keep in touch with friends and family, no matter where they are. Additionally, the Internet has provided us with a vast amount of information, which is helpful for studying and researching. We can access to online courses, books, and academic articles, broadening our knowledge.

On the other hand, the Internet also has its drawbacks. Spending too much time online

can lead to addiction and affect our physical and mental health. The overflow of information can also make it difficult for us to discern the truth, leading to misinformation and fake news.

In conclusion, the Internet has brought us numerous benefits, but we should also be aware of its potential harms. By using the Internet wisely and balancing our online and offline life, we can maximize its advantages and minimize its disadvantages.

在这个数字时代，互联网已经成为我们生活中不可或缺的一部分，带来了积极和消极的影响。

一方面，互联网使通信变得更加快速和方便。通过各种社交媒体平台，我们可以轻松地与家人和朋友保持联系，无论他们身在何处。此外，互联网为我们提供了大量的信息，这对于学习和研究是有帮助的。我们可以访问在线课程、书籍和学术文章，拓宽我们的知识。

另一方面，互联网也有其缺点。在线时间过长会导致上瘾，并影响我们的身心健康。信息的泛滥也会使我们难以辨别真伪，导致误信息和假新闻。

总的来说，互联网给我们带来了许多好处，但我们也应该警惕它可能带来的危害。通过明智地使用互联网，并平衡我们的在线和离线生活，我们可以最大化其优势，最小化其劣势。

四级作文范文带翻译15：金钱能买到幸福吗？

The age-old question of whether money can buy happiness has been hotly debated for centuries. Some people argue that money is the root of all evil and cannot buy true happiness. However, I believe that money can indeed buy happiness, but only up to a certain point.

Firstly, money can provide basic necessities such as food, shelter, and clothing, which are essential for a person's well-being. Without these necessities, it is difficult to achieve happiness. Secondly, money can also provide opportunities for personal growth and education, which can lead to a more fulfilling life. For example, money can enable a person to travel and explore different cultures, or to pursue a hobby or passion that brings them joy.

However, money alone cannot buy happiness if it is obtained through dishonest means or if it is spent on materialistic pursuits. True happiness comes from within, and it is achieved when money is used to enhance one's quality of life and to create positive experiences.

金钱是否能买来幸福这个古老的议题已被争论了数百年。一些人认为金钱是万恶之源

，不能买到真正的幸福。然而，我相信金钱确实能买到幸福，但只能到一定程度。

首先，金钱可以提供食物、住所和衣物等基本生活必需品，这些是维持一个人福祉所必需的。没有这些必需品，就很难实现幸福。其次，金钱还可以为个人成长和教育提供机会，从而过上更加充实的生活。例如，金钱可以让一个人旅行并探索不同的文化，或者追求能给他们带来快乐的爱好或激情。

然而，如果金钱是通过不诚实的手段获得的，或者如果它被用于追求物质主义，那么金钱本身并不能买到幸福。真正的幸福来自内心，它只有在金钱被用来提高生活质量并创造积极体验时才能实现。

