

《365天交际口语详解(9)：担心与忧虑Part1--惯用单句详解》

人们每天都在担心与忧虑当中度过，担心自己、担心他人、忧虑这个世界...但这又有什么用呢，拿出实际行动来，才能有助于解决自己、他人和这个世界上的问题，哪怕只能解决一点点，也是有意义的。

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????? ?!? ???? ?!? ????

?????????I'm really in a flap about the interview.

? flap n. ??????

?????????I'm on tenterhooks.

= I'm on pins and needles.

? tenterhook n. ???

? on tenterhooks = on pins and needles“?????”

?????????Worrying kept me awake.

? awake a. ???

???????I'm a bundle of nerves.

? a bundle of nerves“?????????”

?????????I wonder what it could be.

? I guess something came up. ???????????

???????I'm really anxious.

= I'm very worried.

? anxious a. ???????

?????????I can't take it anymore.

= I can't bear it anymore.

= I can't deal with this anymore.

= I can't take another problem.

?????????????I'm anxious about what you did.

= What you did makes me anxious.

= I feel great anxiety about what you did.

? anxiety n. ??????????????anxious?

?????????I can't calm down.

? I can't control myself. ????????

? I can't relax. ????????

? control v. ??

?????????I'm going nuts.

= I'm going crazy.

?nuts a. ???????