

《高考英语真题七选五 3 篇（含答案解析）》

2023年新高考全国II卷

阅读下面短文，
从短文后的选项中选出可以填入空白处的最佳选项。选项中有两项为多余选项。

As an artist who shares her journey on social media, I ' m often asked by curious followers how to begin an art journey. Unfortunately, there is no magic list I can offer. I do remember, though, what it was like to be a complete beginner. So I ' ve put together some good tips for starting an art journey.

- Start small. I suggest using a sketchbook(素描本)for small studies. These small studies provide inspiration and may be a springboard for more complex works in the future. 36 You ' ll want to look back on your journey to see how far you ' ve come.
- Paint often and paint from life. There ' s no better way to improve than to put in those brush miles. Whether you paint still lifes, portraits, or landscapes, paint from life as much as possible. 37
- Continually challenge yourself to try something new. 38 Artistic growth can be a bit painful. Welcome to the club, we ' ve all been there. I love taking on challenges. I once took up a challenge to create a painting every day for a month and post the works online.
- 39 Seeking and accepting constructive feedback(反馈)is crucial to growth. I post my work on social media and, in turn, have met some of the kindest people. They make me feel valued and respected, no matter my level of artistic ability.

The journey you ' re on won ' t follow a straight path. 40 Push through, give it time and put in the effort. You will harvest the rewards of an artistic life.

- A. Get out of your comfort zone.
- B. Make career plans and set goals.
- C. Don ' t throw away your beginner art.
- D. Share your work if you feel comfortable doing so.
- E. You ' ll hit roadblocks, and you ' ll feel discouraged at times.

F. Evaluate your performance and, if needed, redefine your role.

G. You ' ll develop that painting muscle memory that only comes with repetition.

答案及解析：

36. C. Don ' t throw away your beginner art.

这个空格前的句子建议使用素描本进行小型的练习，这些小型练习可以提供灵感，并可能成为未来更复杂作品的跳板。紧接着提到想要回顾你的艺术旅程，看看你已经走了多远。因此，不要扔掉你初学者的艺术作品是合适的，因为它记录了你的成长过程。

37. G. You ' ll develop that painting muscle memory that only comes with repetition.

这个空格前的句子强调了从生活中绘画的重要性，无论是什么主题。接下来的句子应该是对频繁绘画的好处的解释，重复绘画可以发展出绘画的肌肉记忆。

38. A. Get out of your comfort zone.

这个空格前的句子建议不断挑战自己，尝试新事物。紧接着提到艺术成长可能会有点痛苦，这是所有艺术家都经历过的。因此，建议是跳出舒适区，这与挑战自己尝试新事物的建议相呼应。

39. D. Share your work if you feel comfortable doing so.

这个空格前的句子提到寻求和接受建设性的反馈对成长至关重要。接下来的句子讲述了作者在社交媒体上发布作品，并遇到了一些非常友好的人。这表明分享你的作品可以让你的艺术之旅更加丰富。

40. E. You ' ll hit roadblocks, and you ' ll feel discouraged at times.

这个空格前的句子提到你的艺术旅程不会是一条直线。接下来的句子建议你要坚持不懈，给予时间，并付出努力。因此，这个空格应该是关于艺术旅程中可能会遇到的困难，即你会遇到障碍，有时会感到沮丧。

2023年全国甲卷

根据短文内容，从短文后的选项中选出能填入空白处的最佳选项。选项中有两项为多余选项。

Tricks To Becoming A patient Person

Here's a riddle:What do traffic jams, long lines and waiting for a vacation to start all have in common? There's one answer.____36____ .

In the Digital Age, we're used to having what we need immediately and right at our fingertips.However, research suggests that if we practiced patience, we'd be a whole lot better off. Here are several tricks.

Practice gratitude(感激)

Thankfulness has a lot of benefits: Research shows it makes us happier, less stressed and even more optimistic.____37____ ."Showing thankfulness can foster self-control," said Ye Li, researcher at the university of California.

Make yourself wait

Instant gratification(满足)may seem like the most "feel good" option at the time, but psychology research suggests waiting for things actually makes us happier in the long run. And the only way for us to get into the habit of waiting is to practice.____38____ .Put off watching your favorite show until the weekend or wait 10 extra minutes before going for that cake. You'll soon find that the more patience you practice,the more you start to apply it to other, more annoying situations.

____39____

So many of us have the belief that being comfortable is the only state we will tolerate,and when we experience something outside of our comfort zone, we get impatient about the circumstances. You should learn to say to yourself,"____40____ ."You'll then gradually become more patient.

- A.Find your causes
- B.Start with small tasks
- C.Accept the uncomfortable
- D.All this adds up to a state of hurry
- E.It can also help us practice more patience
- F.This is merely uncomfortable, not intolerable
- G.They're all situations where we could use a little extra patience

答案及解析：

36. G. They're all situations where we could use a little extra patience.

解析：这个空格是谜语的答案，前文提到的交通堵塞、长队和等待假期开始都是需要耐心的情况，因此G选项“它们都是我们需要额外耐心的情况”符合语境。

37. E. It can also help us practice more patience.

解析：前一句提到感恩有很多好处，然后提到Ye Li的研究表明感恩可以培养自控，这与练习耐心有关，因此E选项“它也可以帮助我们练习更多的耐心”是正确的。

38. B. Start with small tasks

解析：这个空格前的句子提到心理学研究表明等待事物实际上从长远来看会让我们更快乐，接下来的句子提到推迟看最喜欢的节目或者推迟吃蛋糕，这些都是从小事做起练习等待，因此B选项“从小任务开始”是正确的。

39. C. accept the uncomfortable

解析：这个空格所在的段落标题和段落内容都涉及到接受不舒服的情况，因此C选项“接受不舒服”是正确的。

40. F. This is merely uncomfortable, not intolerable.

解析：前一句提到我们应该学会对自己说某件事，后文提到这样你就会逐渐变得更有耐心，F选项“这仅仅是舒服，并不是无法忍受的”符合这个语境，表明我们应该接受不舒服而不是认为它无法忍受。

2023年全国乙卷

根据短文内容,从短文后的选项中选出能填入空白处的最佳选项。选项中有两项为多余选项。

Indoor plants might look as if they just sit around not doing much , but in many ways they are the unsung heroes of the home. 36 ,but studies have shown that they can promote people's well being by improving their mood(心情) ,reducing stress and helping their memory. What's more, indoor plants are easy to look after and are not very expensive.

What are indoor plants?

Indoor plants , also known as houseplants or pot plants , are plants that like to grow

indoors. Many of these species(物种)are not ideally suited to growing outside in the UK, especially in the winter 37 .

Why are indoor plants good for you?

Will Spoelstra, who works at the Royal Botanic Gardens , says," 38 . I find during the winter months, plants around the house can really lift your mood. " Several studies have backed this up and found that indoor plants can improve creativity, focus and memory. There is also research showing that pot plants can clean the air around them by removing harmful gases, such as carbon dioxide. They also remove some harmful chemicals from paints or cooking. 39

Which plants can you grow?

Aloe vera, peace lilies and spider plants are some of the species that are easy to grow indoors. You can buy plants from supermarkets , garden centres or online. Younger plants are often cheaper than full grown ones , and you get to care for them as they mature which is part of the joy of owning plants. " 40 ."Spoelstra says. " It can bring a new interest and focus into people's lives and help to make the link between home and nature. "

- A. All plants are different
- B. Not only do they look beautiful
- C. There are many benefits to growing plants indoors
- D. instead ,they grow better inside , where it is warmer
- E. Plants like peace lilies and devil's ivy are among the best
- F. Changing the pot of your plant from time to time will also help
- G. Learning about the requirements of each plant can be very rewarding.

答案及解析：

36. 答案：B

解析：根据后文“ but studies have shown that they can promote people's wellbeing by improving their mood, reducing stress, and helping their memory ”可知，此处表示转折，强调室内植物不仅看起来好看(Not only do they look beautiful)，还有其他益处。因此，B项符合语境。

37. 答案：D

解析：前文提到“Many of these species are not ideally suited to growing outside in the UK, especially in the winter”，意思是许多植物不适合在英国的户外生长，尤其是在冬天。接着后文应该是对这句话的进一步解释或说明。D项“Instead, they grow better inside, where it is warmer”意思是“相反，它们在室内生长得更好，因为室内更暖和”，与前文形成了转折关系，并解释了为什么这些植物不适合在户外生长，所以D项正确。

38. 答案：C

解析：根据后文“I find during the winter months, plants around the house can really lift your mood”以及“Several studies have backed this up and found that indoor plants can improve creativity, focus, and memory”可知，此处是在说明室内植物的好处(There are many benefits to growing plants indoors)，所以C项符合语境。

39. 答案：F

解析：前文提到“ There is also research showing that pot plants can clean the air around them by removing harmful gases, such as carbon dioxide. They also remove some harmful chemicals from paints or cooking”，意思是有研究表明盆栽植物可以通过吸收有害气体(如二氧化碳)来净化周围的空气，它们还可以去除来自油漆或烹饪的一些有害物质。接着后文应该继续介绍盆栽植物的其他好处或养护方法。F项“ Changing the pot of your plant from time to time will also help”意思是“ 时不时地给你的植物换盆也会有帮助”，这与前文形成了并列关系，并介绍了盆栽植物的一个养护方法，所以F项正确。

40. 答案：G

解析：根据前文“ Younger plants are often cheaper than fullgrown ones, and you get to care for them as they mature, which is part of the joy of owning plants”可知，此处是在说养植物的好处之一是可以照顾它们直到它们成熟。接着后文“ it can bring a new interest and focus into people's lives and help to make the link between home and nature”进一步说明了养植物的好处。G项“ Learning about the requirements of each plant can be very rewarding”意思是“ 了解每种植物的需求是非常有益的”，这与前文形成了并列关系，并介绍了养植物的另一个好处，即了解植物的需求可以获得满足感，所以G项正确。