《有一种假期叫作“ 虫草假 ”》

每年五六月是青海省玉树州的冬虫夏草成熟季节，当地学校会放"虫草假"，眼神好、身体好的青少年是挖虫草大军中的主力。

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From early May to late June all schools in Yushu prefecture, Qinghai province, give a special "cordyceps vacation" so that teachers and students can join in the picking of cordyceps, a worm-like fungus regarded as a valuable herb by the Chinese.

???5???6??????????????????????“???”????????????????——??????????????????????????????

?????cordyceps???????????having miraculous medicinal powers?????????????reduce cholesterol??????(increase stamina)?????(improve eyesight)????“???”?golden worm??

????????????Qinghai-Tibet Plateau?????????????????????????????

简答网 jiandongshicai.cn