

## 《高考英语七选五真题18（含答案解析）》

2023年新高考I卷

第二节(共5小题;每小题2.5分,满分12.5分)

阅读下面短文,从短文后的选项中选出可以填入空白处的最佳选项。选项中有两项为多余选项。

### Personal Forgiveness

Taking responsibility for mistakes is a positive step, but don't beat yourself up about them. To err (犯错) is human. 36 You can use the following writing exercise to help you do this.

In a journal or on a piece of paper, put the heading "Personal strengths." 37 Are you caring? Creative? Generous? A good listener? Fun to be around? They don't have to be world-changing, just aspects of your personality that you're proud of.

At the top of a second page, put the heading "Acts of kindness." On this one, list all the positive things you've done for others. It might be the time when you helped a friend with their homework, when you did the ironing without being asked, or when you baked cookies after the family had had a tiring day. 38

You could ask a friend or family member to help add to your list. 39

That way, you could exchange thoughts on what makes each of you special and the aspects of your personality that shine through. In fact, don't wait until you've made a mistake to try this — it's a great way to boost self-confidence at any time.

It's something of a cliché (陈词滥调) that most people learn not from their successes but their mistakes. The thing is, it's true. 40 We're all changing and learning all the time and mistakes are a positive way to develop and grow.

- A. A little self-forgiveness also goes a long way.
- B. Now list all the characteristics you like about yourself.
- C. They might even like to have a go at doing the exercise.
- D. It's just as important to show yourself some forgiveness.

- E. It doesn't mean you have to ignore what's happened or forget it.
- F. Whatever it is, no matter how small it might seem, write it down.
- G. Whatever the mistake, remember it isn't a fixed aspect of your personality.

### 答案解析：

36. 本句的前一句提到“犯错是人类的天性”，接下来的句子应该是关于如何对待错误的态度。选项D "It's just as important to show yourself some forgiveness." (同样重要的是要对自己展现一些宽容)与前文内容相呼应，说明在承认错误之后，也需要对自己宽容。

37. 本段提到在日记或纸上写上“个人优点”的标题，接下来的句子应该是关于具体要做什么。选项B "Now list all the characteristics you like about yourself." (现在列出你喜欢的自己所有的特点)符合上下文的逻辑，指示读者列出自己的优点。

38. 本段提到列出你为他人所做的所有积极的事情，接下来的句子应该是关于如何处理这些信息。选项F "Whatever it is, no matter how small it might seem, write it down." (无论是什么，不管它看起来多么微不足道，都要写下来)与上文内容相符合，鼓励读者记录下哪怕是很小的好事。

39. 本句的前一句提到可以请朋友或家人帮助增加你的清单，接下来的句子应该是关于他们可能做什么。选项C "They might even like to have a go at doing the exercise." (他们甚至可能喜欢尝试做这个练习)与上文内容相符合，说明朋友或家人可能也会对做这个练习感兴趣。

40. 本句的前一句提到人们从错误而不是成功中学习，接下来的句子应该是关于如何看待错误。选项G "Whatever the mistake, remember it isn't a fixed aspect of your personality." (无论是什么错误，记住它不是你性格的固定方面)与上文内容相符合，强调错误不是性格的永久部分，人们可以通过错误学习和成长。