

《高考英语七选五真题21（含答案解析）》

2022年1月浙江卷

第二节(共5小题;每小题2分满分10分)

根据短文内容，从短文后的选项中选出能填入空白处的最佳选项。选项中有两项为多余选项。

I have the same 24 hours in a day as you do, but I have made specific choice that allow me to make the most of every day. and still feel happy and relaxed._____31_____

Pick the most important.

_____32_____ Focus on spending time that for you is fun and productive. I chose the life of an adviser because I like to work with companies, but don't want the life of a big company CEO. My choices are based on the lifestyle I want.

Combine your activities.

Many people go crazy trying to figure out how to spend time with friends, family, work, play, etc._____33_____ Find ways to enjoy them in a combined manner. Build your social life around people your work environment.

Find people in your company who share common interests and develop your career(职业)around the people and activities you love.

_____34_____

You would think learning, takes more time from you, but actually there are always new ways of doing things that can save you time on daily tasks, freeing you up for the most important. Always be looking for a new way to gain back an hour here or there.

Lighten up.

The world won't come to an end in most cases just because you left a few things undone. Celebrate progress and keep refining(改进)toward a happy productive existence.

_____35_____ Every completion is a small victory that adds up in a big way.

A. Speed up.

- B. Be an active learner.
- C. Stop trying to balance time between them all.
- D. Make choices about what is meaningful in your life.
- E. The things you do well usually give you greater joy.
- F. Perhaps these tips will help you make the most of your time.
- G. This is why making lists is important in any productivity handbook.

答案解析：

31. 上文提到 “ but I have made specific choices that allow me to make the most of every day , and still feel happy and relaxed ” , 其意思是 “ 但是我做出了特定的选择 , 这让我能够充分利用每一天 , 同时仍然感到快乐和放松 ” , 此句是对上文内容的总结 , 指出作者有一些建议可以充分利用时间 , F项 “ 也许这些建议会帮助你充分利用你的时间 ” 能够承接上文 , 符合语境 , 其中的 “ these tips ” 指的就是作者下文要给出的建议。其余选项均不能承接上文 , 可排除。因此 , 此空应填F。

32. 下文提到 “ Focus on spending time that for you is fun and productive. I chose the life of an adviser because I like to work with companies , but don't want the life of a big company CEO. My choices are based on the lifestyle I want ” , 其意思是 “ 专注于那些对你来说既有趣又有成效的时间。我选择了顾问的生活 , 因为我喜欢与公司合作 , 但不想成为大公司CEO的生活。我的选择是基于我想要的生活方式 ” , 此段主要讲述了要专注于自己感兴趣且能提高效率的事情 , 要对生活中有意义的事情做出选择 , D项 “ 对你生活中有意义的事情做出选择 ” 能够概括本段主旨 , 符合语境。其余选项均不能概括本段主旨 , 可排除。因此 , 此空应填D。

33. 上文提到 “ Many people go crazy trying to figure out how to spend time with friends , family , work , play , etc ” , 其意思是 “ 很多人为了弄清楚如何与朋友、家人、工作、娱乐等分配时间而发疯 ” , 下文提到 “ Find ways to enjoy them in a combined manner. Build your social life around people your work environment ” , 其意思是 “ 找到一种结合的方式去享受它们。把你的社交生活建立在你的工作环境周围的人身上 ” , 由此可知 , 作者建议不要试图平衡所有的时间 , 而是要找到一种方式去享受它们 , C项 “ 不要试图在所有这些活动之间平衡时间 ” 能够承接上文 , 引出下文 , 符合语境。其余选项均不能承接上文并引出下文 , 可排除。因此 , 此空应填C。

34. 下文提到 “ You would think learning takes more time from you , but actually there are always new ways of doing things that can save you time on daily tasks , freeing you up for the most important. Always be looking for a new way to gain back an hour here or there ” , 其意思是 “ 你可能会认为学习会占用你更多的时间 , 但实际上 , 总有新的方

法可以让你在日常任务中节省时间，让你有更多时间去做最重要的事情。总是在这里或那里寻找一种新方法，以节省一个小时的时间”，此段主要讲述了要做一个积极的学习者，通过不断学习可以找到节省时间的方法，B项“做一个积极的学习者”能够概括本段主旨，符合语境。其余选项均不能概括本段主旨，可排除。因此，此空应填B。

35. 上文提到“Celebrate progress and keep refining toward a happy productive existence”，其意思是“庆祝进步，并不断努力改进，以获得快乐而富有成效的生活”，下文提到“Every completion is a small victory that adds up in a big way”，其意思是“每一个完成都是一个小小的胜利，累积起来就是巨大的胜利”，由此可知，G符合语境。

